



Health and Social Services Scrutiny Panel

Review of Maternity Services

Survey Results - Summary

The Health and Social Security Panel undertook a survey with women who had given birth in the last five years in Jersey. The results of the survey are summarised below. The survey was open between 18th March and 5th April 2021. In total 656 people responded to the Panel's survey.

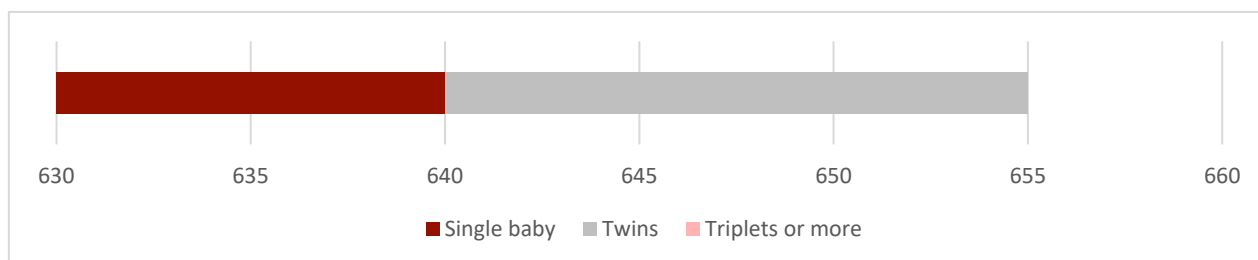
Section One: Introduction

Section Two: Dates and Your Baby (100% (655) provided responses):

Question 1. A1. When did you last give birth?

Answer	Response
Last 6 months	18% (121 respondents)
Last year	15% (97 respondents)
Last 2 years	25% (162 respondents)
Last 3 years	16% (105 respondents)
Last 4 years	12% (81 respondents)
Last 5 years	14% (89 respondents)

Question 2. A2. For your most recent pregnancy, did you give birth to a single baby, twins or more in your recent pregnancy?



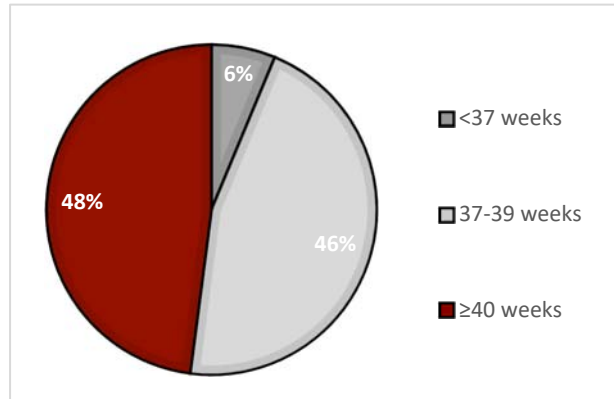
- 98% (640) respondents said they gave birth to a single baby
- 2% (15) respondents said they had given birth to twins
- 0 respondents said they had given birth to triplets

Question 3. A3. Approximately, how many weeks pregnant were you when your baby was born?

- 48% (314) respondents said they were 40 or more weeks pregnant when their baby was born



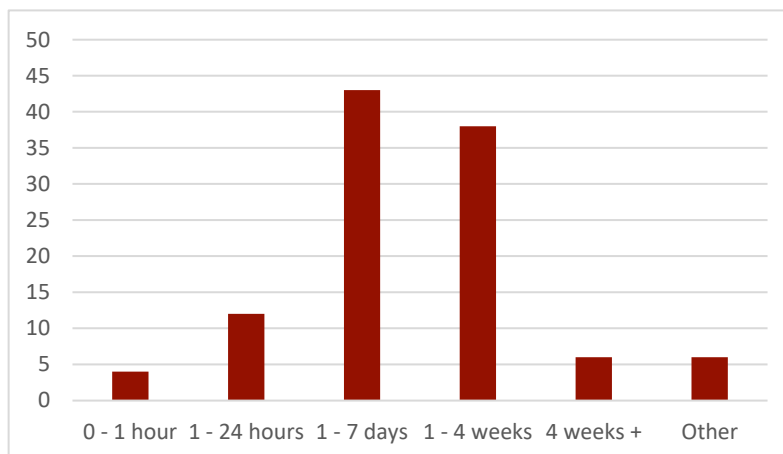
- 46% (300) respondents said they were between 37-39 weeks pregnant when their baby was born
- 6% (41) respondents said they were less than 37 weeks pregnant when their baby was born



Question 4. A4. In respect of your most recent pregnancy, did your baby spend any time in SCBU (Special Care Baby Unit)?

- 17% (113) respondents said that their baby had spent time in SCBU
- 83% (541) respondents said their baby had not spent any time in SCBU

If yes, how long were they in SCBU for? **[OPEN QUESTION]**



- 39% (43) respondents said that their baby spent 1-7 days in SCBU
- 35% (38) respondents said that their baby spent 1-4 weeks in SCBU
- 11% (12) respondents said that their baby spent 1-24 hours in SCBU
- 6% (6) respondents said that their baby spent more than 4 weeks in SCBU
- 6% (6) respondents gave other answers
- 4% (4) respondents said that their baby spent 0-1 hours in SCBU



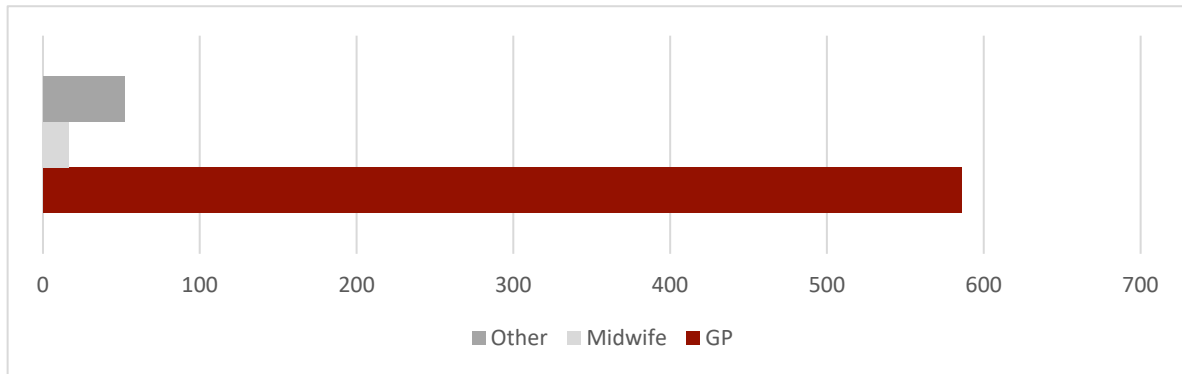
Question 5. A5. How many babies have you given birth to in total?

- 50% (327) responses said they had given birth to one child
- 34% (224) responses said they had given birth to 2 children
- 16% (104) responses said they had given birth to 3 or more children



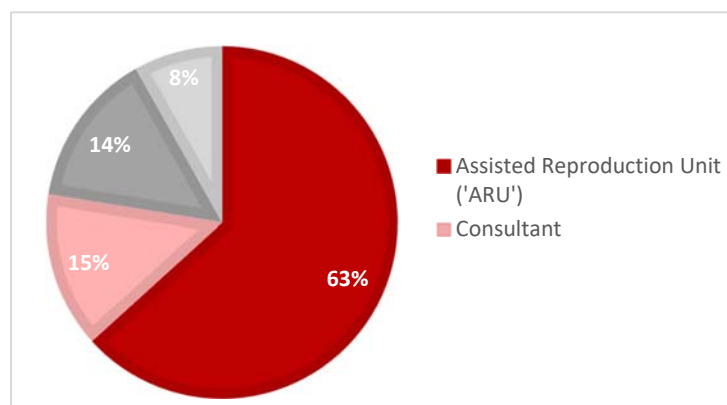
Section Three: Care While You Were Pregnant (Antenatal Care)- At the start of your care in pregnancy (94% provided responses):

Question 6. B1. Who was the first health professional you saw or spoke to when you thought you were pregnant?



- 90% (586) said that a GP was the first health professional they had seen or spoken to when they thought they were pregnant
- 8% (52) respondents said another professional was the first health professional they had seen or spoken to when they thought they were pregnant
- 2% (16) respondents said a Midwife was the first health professional they had seen or spoken to when they thought they were pregnant

Other (please specify): **[OPEN QUESTION]**



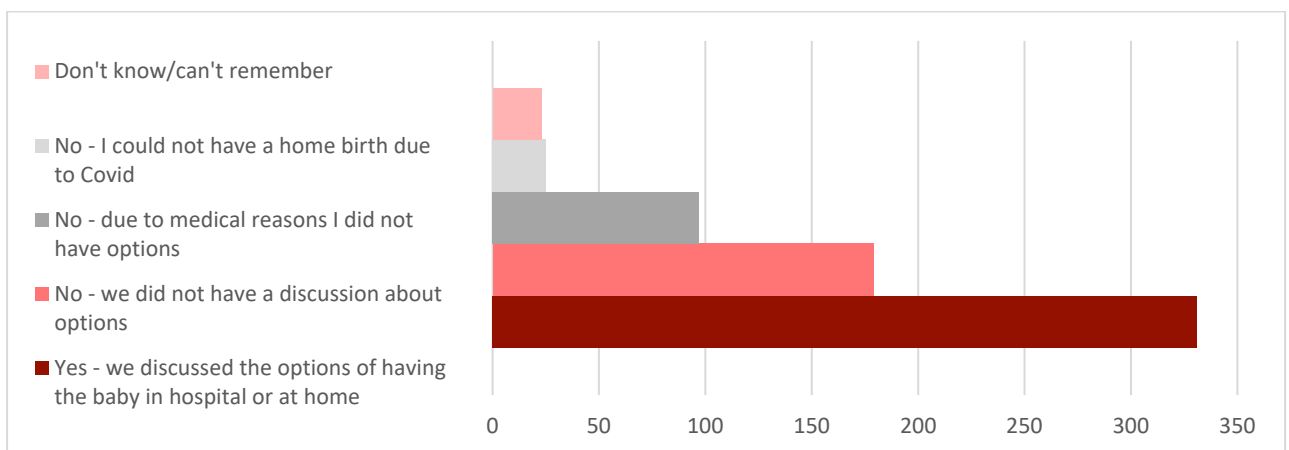
- 63% (31) respondents said that Assisted Reproductive Unit ('ARU') was the first health professional they had seen or spoken to when they thought they were pregnant
- 14% (7) respondents said that a consultant was the first health professional they had seen or spoken to when they thought they were pregnant
- 14% (7) respondents said that an obstetrician was the first health professional they had seen or spoken to when they thought they were pregnant
- 8% (4) respondents gave other answers



Question 7. B2. Approximately how many weeks pregnant were you when you first saw or spoke to this health professional about your pregnancy care?

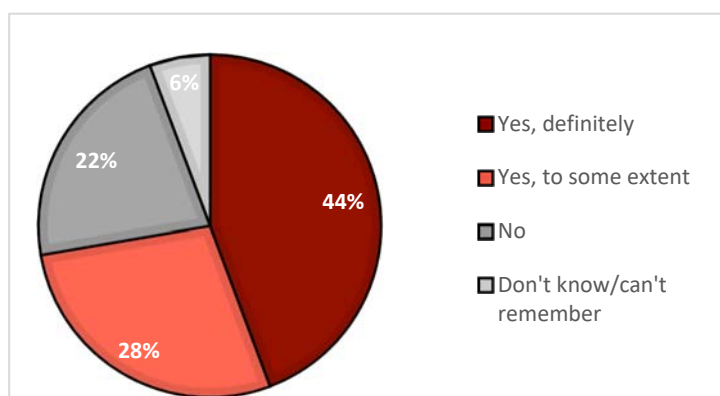
- 72% (471) respondents said they were 0-6 weeks pregnant when they first saw or spoke to a health professional about pregnancy care
- 26% (168) respondents said they were 7-12 weeks pregnant when they first saw or spoke to a health professional about pregnancy care
- 1% (10) respondents said they were 13 or more weeks pregnant when they first saw or spoke to a health professional about pregnancy care
- 1% (6) respondents said they did not know or could not remember

Question 8. B3. Did you discuss options about where you could have your baby with your midwife?



- 51% (331) respondents said yes, they discussed the options of having the baby in hospital or at home
- 27% (179) respondents said no, they did not have a discussion about options
- 15% (97) respondents said no, due to medical reasons they did not have options
- 4% (25) respondents said no, they could not have a home birth due to Covid
- 3% (23) respondents said they do not know or could not remember

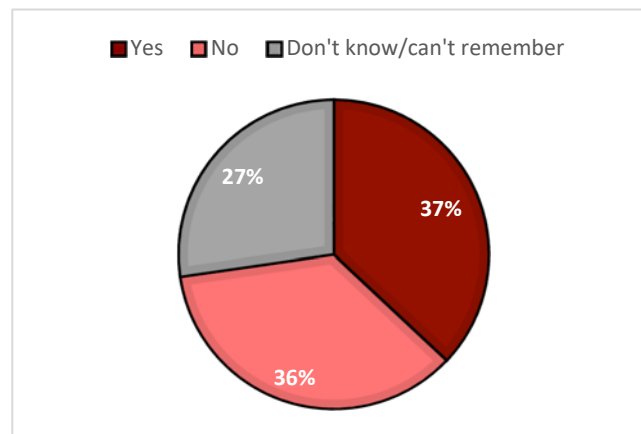
Question 9. B4. Did you receive enough information from either your midwife or GP to help you decide where to have your baby?





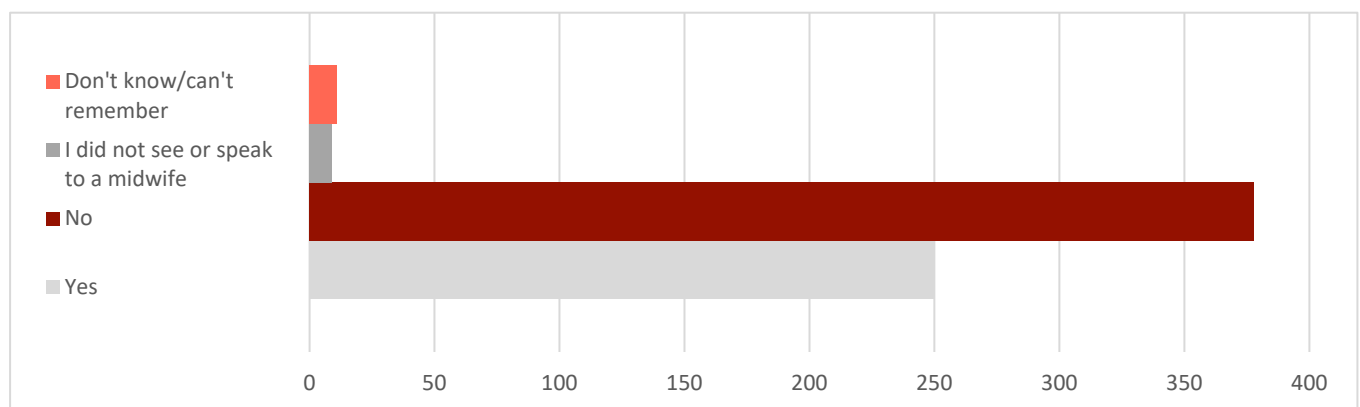
- 44% (288) respondents said they definitely did receive enough information from either their midwife or GP to help them decide where to have their baby
- 28% (182) respondents said they did to some extent receive enough information from either their midwife or GP to help them decide where to have their baby
- 22% (143) respondents said they did not receive enough information from either their midwife or GP to help them decide where to have their baby
- 6% (37) respondents said they did not know or could not remember

Question 10. B5. If you gave birth after March 2020, did you feel you were given enough information about Coronavirus restrictions and any implications for your maternity care?



- 37% (114) respondents that gave birth after March 2020 said they did feel they were given enough information about Coronavirus restrictions and any implications for their maternity care
- 36% (110) respondents that gave birth after March 2020 said they did not feel they were given enough information about Coronavirus restrictions and any implications for their maternity care
- 27% (84) respondents said they did not know or could not remember

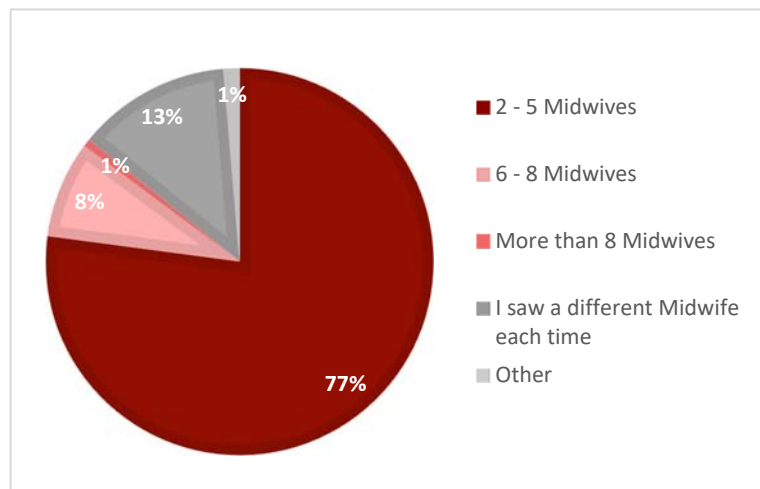
Question 11. B6. At your antenatal check-ups, did you see or speak to the same midwife every time?





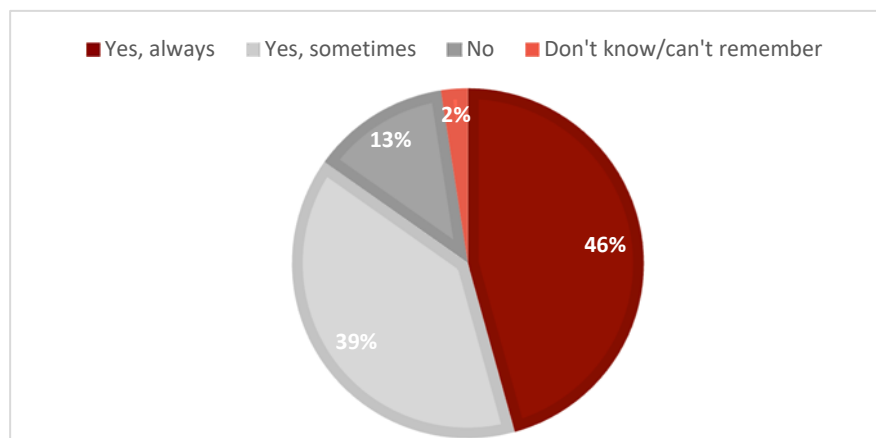
- 58% (378) respondents said they did not speak to the same midwife at each antenatal check-up
- 39% (250) respondents said they did speak to the same midwife at each antenatal check-up
- 1% (9) respondents said they did not see or speak to a midwife at all
- 2% (11) respondents said they did not know or could not remember

If no, do you remember how many different midwives you saw? [OPEN QUESTION]



- 77% (229) respondents said they saw 2-5 different midwives at their antenatal check-ups
- 13% (38) respondents said they saw a different midwife at each antenatal check-up
- 8% (24) respondents said they saw 6-8 different midwives at their antenatal check-ups
- 1% (2) respondents said they saw more than 8 different midwives at their antenatal check-ups
- 1% (4) respondents gave other answers

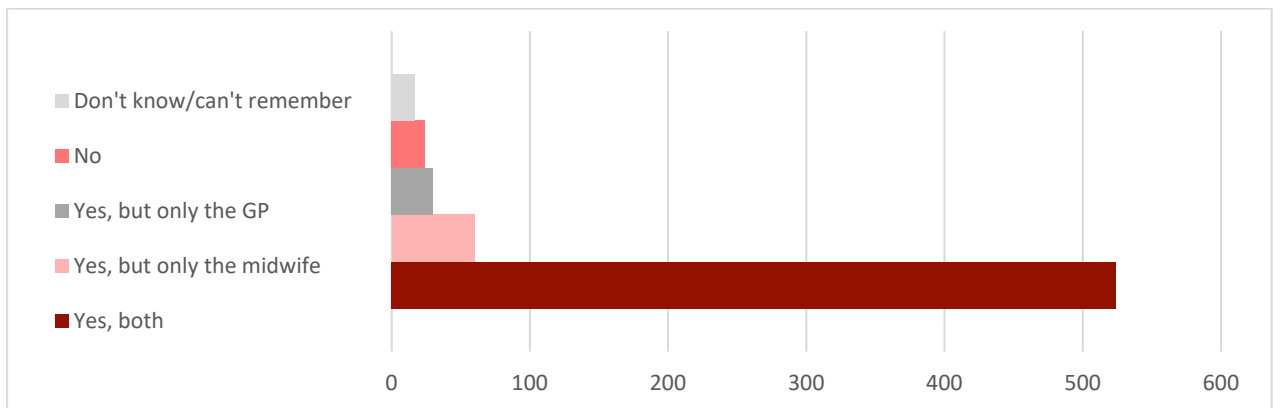
Question 12. B7. During your antenatal check-ups, did the midwife appear to be aware of your medical history?





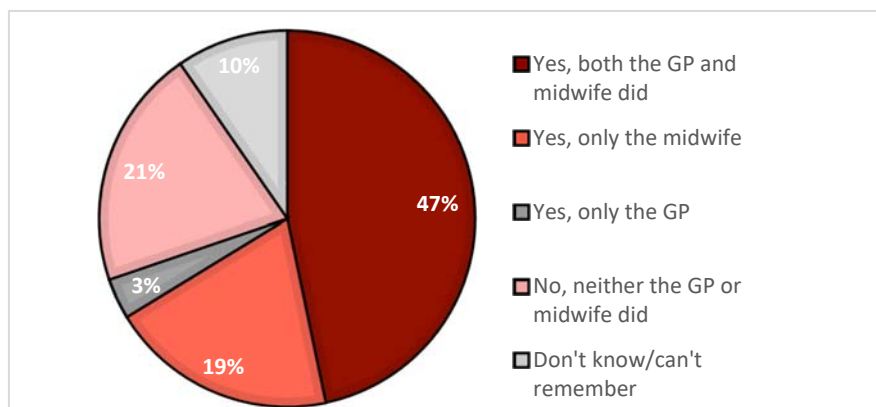
- 46% (298) respondents said their midwife did appear to be aware of their medical history
- 39% (255) respondents said their midwife sometimes appeared to be aware of their medical history
- 13% (83) respondents said their midwife did not appear to be aware of their medical history
- 2% (16) respondents said they did not know or could not remember

Question 13. B8. During your antenatal check-ups, did the midwife/GP listen to you?



- 80% (524) respondents said both the midwife and GP listened to them
- 9% (60) respondents said only the midwife listened to them
- 4% (30) respondents said only the GP listened to them
- 4% (24) respondents said they were not listened to by the GP or the Midwife
- 3% (17) respondents said they did not know or could not remember

Question 14. B9. During your antenatal check-ups, did the midwife/GP ask you about your 'mood' or 'feelings' in respect of your emotional well-being?



- 47% (306) respondents said that both their GP and midwife asked about their 'mood' or 'feelings' in respect of their emotional well-being during antenatal check-ups

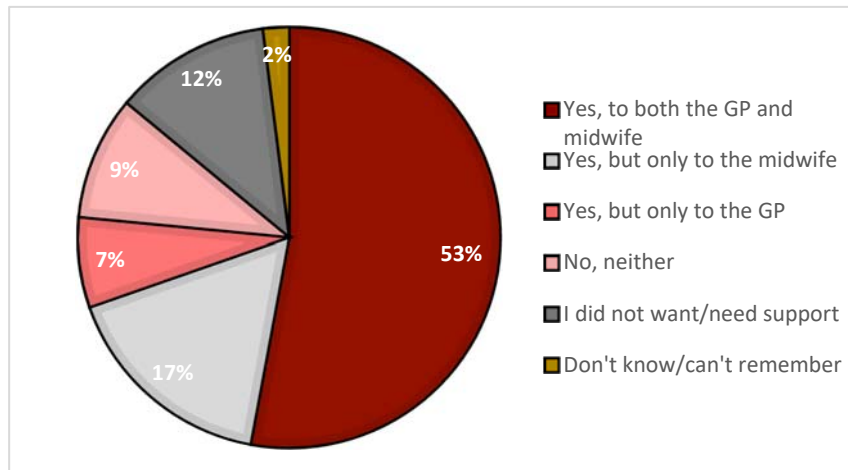


- 21% (135) respondents said, neither the GP or the midwife asked about their 'mood' or 'feelings' in respect of their emotional well-being during antenatal check-ups
- 19% (128) respondents said that their midwife asked about their 'mood' or 'feelings' in respect of their emotional well-being during antenatal check-ups
- 10% (63) respondents said they did not know or could not remember
- 3% (23) respondents said that their GP asked about their 'mood' or 'feelings' in respect of their emotional well-being during antenatal check-ups



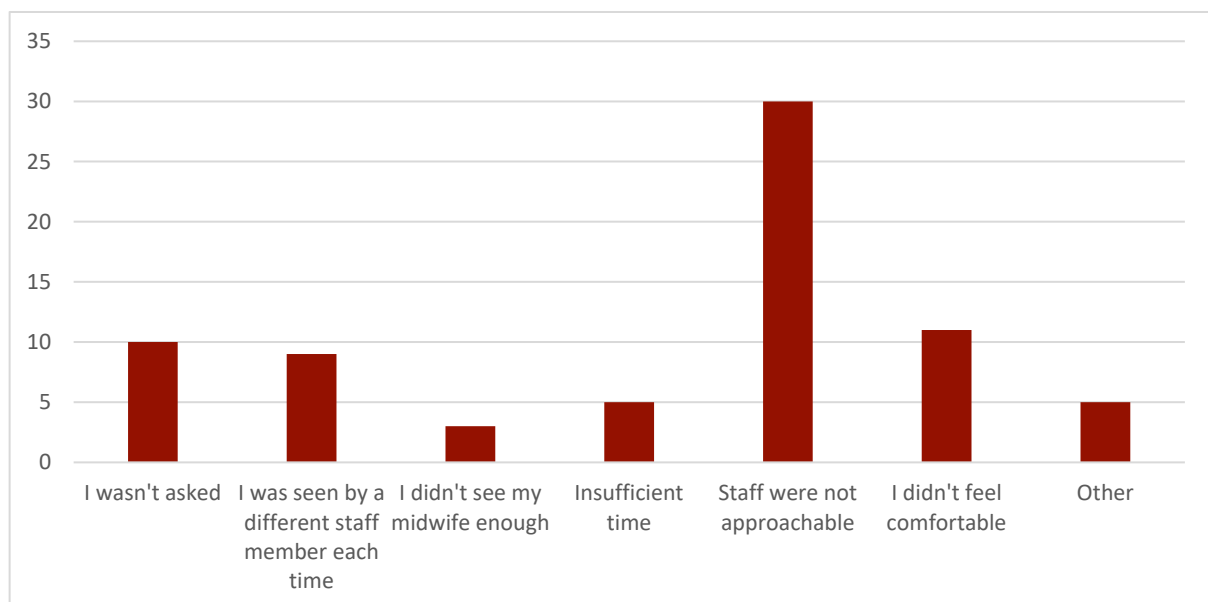
Section Four: Care While You Were Pregnant (Antenatal Care)- During your Pregnancy
(100% provided responses):

Question 15. B10. Did you feel able to talk to your midwife/GP about your feelings, mood, worries etc. during your pregnancy?



- 53% (345) respondents said they were able to talk to their GP and Midwife about their feelings, mood, worries etc. during pregnancy
- 17% (109) respondents said they were able to talk to their Midwife about their feelings, mood, worries etc. during pregnancy
- 12% (78) respondents said they did not want or need support
- 7% (45) respondents said they were able to talk to their GP about their feelings, mood, worries etc. during pregnancy
- 2% (13) respondents said they did not know or could not remember

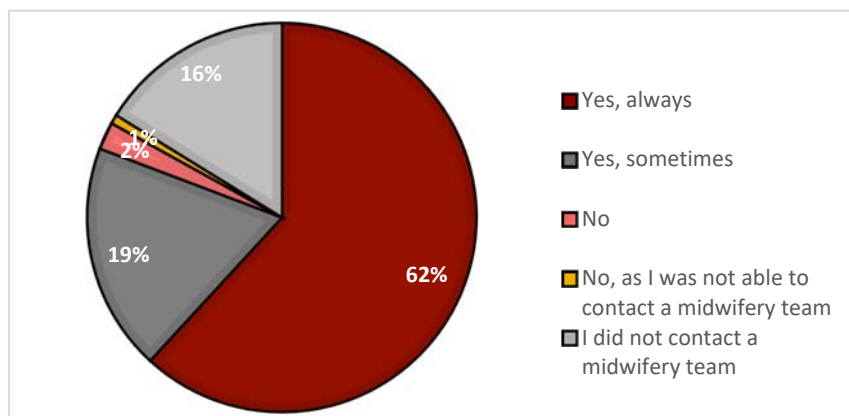
If no, why? **[OPEN QUESTION]**





- 41% (30) respondents said they didn't feel able to talk to their midwife/GP about their feelings as the staff were not approachable
- 15% (11) respondents said they didn't feel able to talk to their midwife/GP about their feelings as they didn't feel comfortable
- 14% (10) respondents said they didn't feel able to talk to their midwife/GP about their feelings as they weren't asked
- 12% (9) respondents said they didn't feel able to talk to their midwife/GP about their feelings as they were seen by a different staff member each time
- 7% (5) respondents said they didn't feel able to talk to their midwife/GP about their feelings as there was insufficient time to help
- 7% (5) respondents gave other answers
- 4% (3) respondents said they didn't feel able to talk to their midwife/GP about their feelings as they didn't see their midwife enough

Question 16. B11. During your pregnancy, if you contacted a midwifery team, were you given the help you needed?



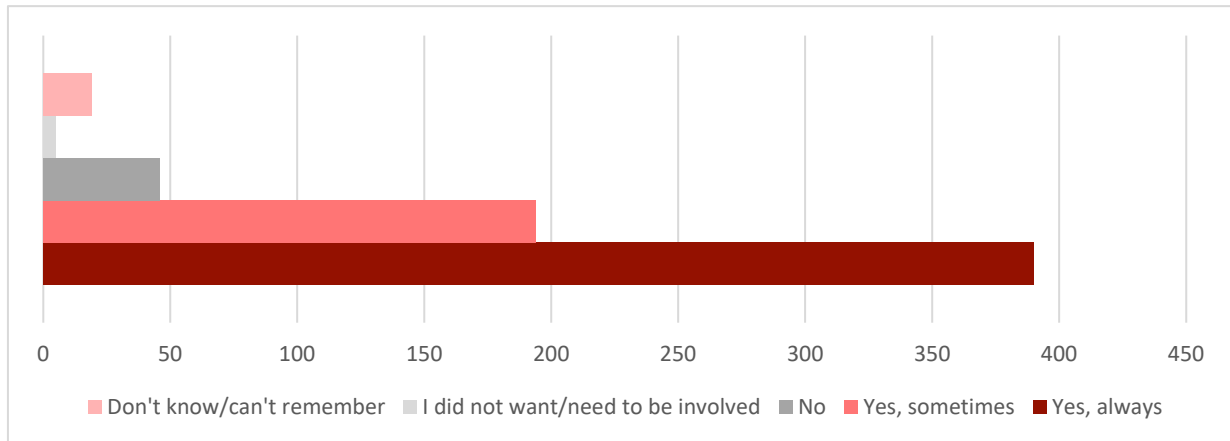
- 62% (405) respondents said that they were always given the advice needed by the midwifery team
- 19% (124) respondents said they sometimes were given the advice needed by the midwifery team
- 16% (106) respondents said they did not contact the midwifery team
- 2% (15) respondents said they were not given the advice needed by the midwifery team
- 1% (5) respondents said they were not able to contact the midwifery team to obtain advice

If no, please explain the reasons for this: **[OPEN QUESTION]**

- 40% (10) respondents said they did not receive the help they needed when they contacted a midwifery team because they did not receive a response/call back
- 36% (9) respondents said they did not receive the help they needed when they contacted a midwifery team because their concerns were not taken seriously/listened to
- 12% (3) respondents said they did not receive the help they needed when they contacted a midwifery team because there was insufficient time to help
- 12% (3) respondents gave other answers



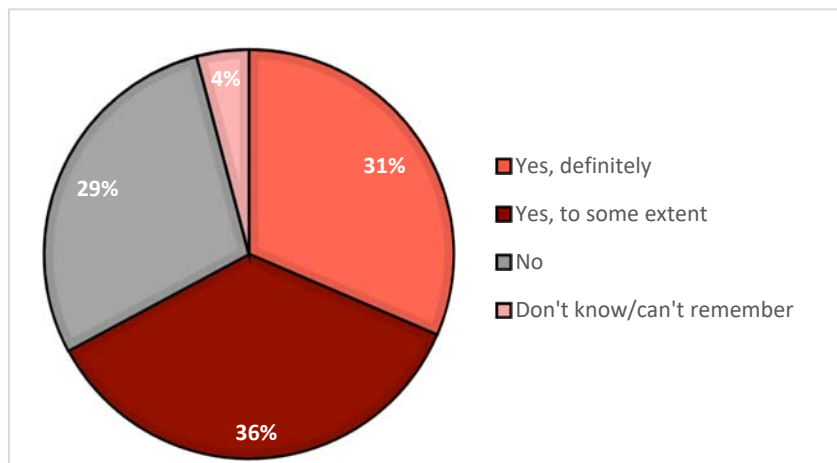
Question 17. B12. Thinking about your antenatal care, were you involved in decisions about your care?



- 59% (390) respondents said they were always involved in decisions about their care
- 30% (194) respondents said they were sometimes involved in decisions about their care
- 7% (46) respondents said they were not involved in decisions about their care
- 3% (19) respondents said they did not know or could not remember
- 1% (5) respondents said they did not want or need to be involved in decisions about their care

Question 18. B13. During your pregnancy, did your midwife provide relevant information about feeding your baby?

- 36% (234) respondents said that their midwife, to some extent provided relevant information about feeding their baby
- 31% (206) respondents said that their midwife definitely provided relevant information about feeding their baby
- 29% (188) respondents said that their midwife did not provided relevant information about feeding their baby
- 4% (27) respondents said they did not know or could not remember

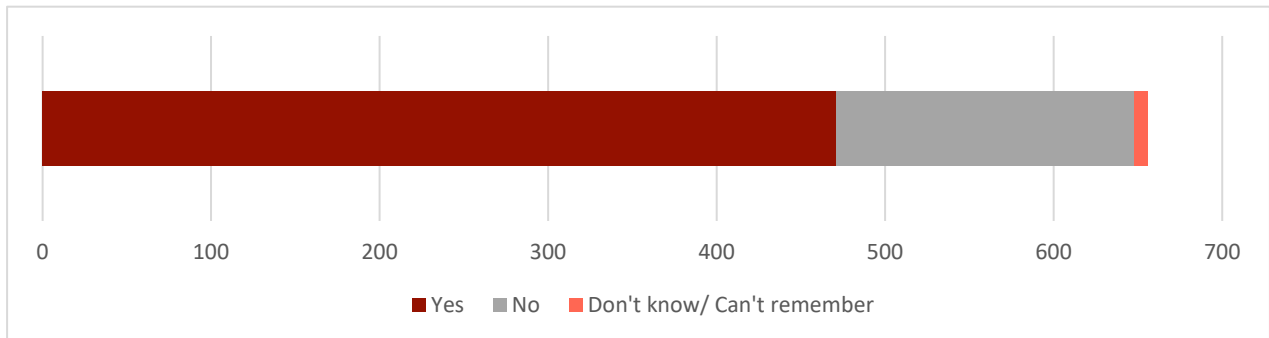






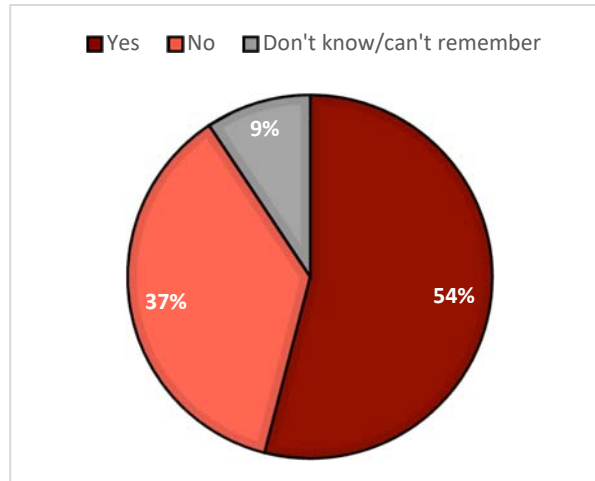
Section Five: Your Labour and The Birth of Your Baby (62% provided responses):

Question 19. C1. Did you have a birth plan pre-labour?



- 72% (471) responders said they did have a birth plan pre-labour
- 27% (177) responders said they did not have a birth plan pre-labour
- 1% (8) responders said they did not know or could not remember

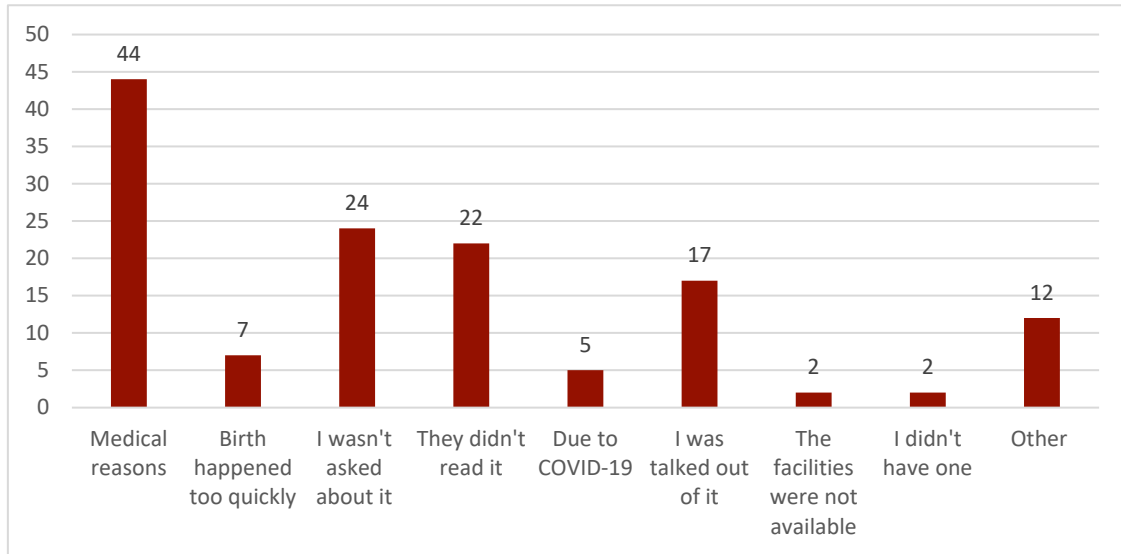
Question 20. C2. Was your birth plan encouraged by health professionals at the start of your labour?



- 54% (255) responders said their birth plan was encouraged by health professionals at the start of their labour
- 37% (173) responders said their birth plan was not encouraged by health professionals at the start of their labour
- 9% (44) responders said they did not know or could not remember

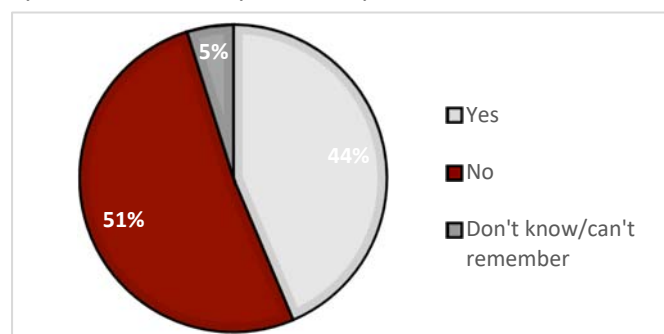


If no, why do you think this was the case?



- 33% (44) respondents said they didn't think their birth plan was encouraged because of medical reasons
- 18% (24) respondents said they didn't think their birth plan was encouraged because they weren't asked about it
- 16% (22) respondents said they didn't think their birth plan was encouraged because they didn't read it
- 13% (17) respondents said they didn't think their birth plan was encouraged because they were talked out of it
- 9% (12) respondents gave other answers
- 5% (7) respondents said they didn't think their birth plan was encouraged because the birth happened too quickly
- 4% (5) respondents said they didn't think their birth plan was encouraged because of COVID-19
- 1% (2) respondents said they didn't think their birth plan was encouraged because the facilities were not available
- 1% (2) respondents said they didn't think their birth plan was encouraged because they didn't have one

Question 21. C3. Were you able to enact your birth plan?





- 51% (243) respondents said they were not able to enact their birth plan
- 44% (206) respondents said they were able to enact their birth plan
- 5% (23) respondents said they did not know or could not remember

If no, why? [OPEN QUESTION]

- 49% (93) respondents said that they were not able to enact their birth plan because of medical reasons
- 10% (20) respondents said that they were not able to enact their birth plan because the birth happened too quickly
- 6% (11) respondents said that they were not able to enact their birth plan because they were talked out of it
- 5% (9) respondents said that they were not able to enact their birth plan because they were not asked about it
- 5% (9) respondents said that they were not able to enact their birth plan because the facilities or staff were not available
- 5% (10) respondents said that they were not able to enact their birth plan because they had to be induced
- 4% (8) respondents said that they were not able to enact their birth plan because they didn't read it
- 3% (5) respondents said that they were not able to enact their birth plan because they did not follow the birth plan – no reason given
- 3% (6) respondents said that they were not able to enact their birth plan because of COVID-19
- 2% (3) respondents said that they were not able to enact their birth plan because they didn't feel comfortable
- 2% (3) respondents said that they were not able to enact their birth plan because they could not have a water/home birth – no reason given
- 2% (4) respondents gave other answers
- 2% (3) respondents said that they were not able to enact their birth plan because they didn't have one
- 2% (3) respondents said that they were not able to enact their birth plan because of staff error
- 1% (2) respondents said that they were not able to enact their birth plan because the staff were not approachable
- 1% (2) respondents said that they were not able to enact their birth plan because of a planned C-section

Question 22. C4. What type of birth did you have?

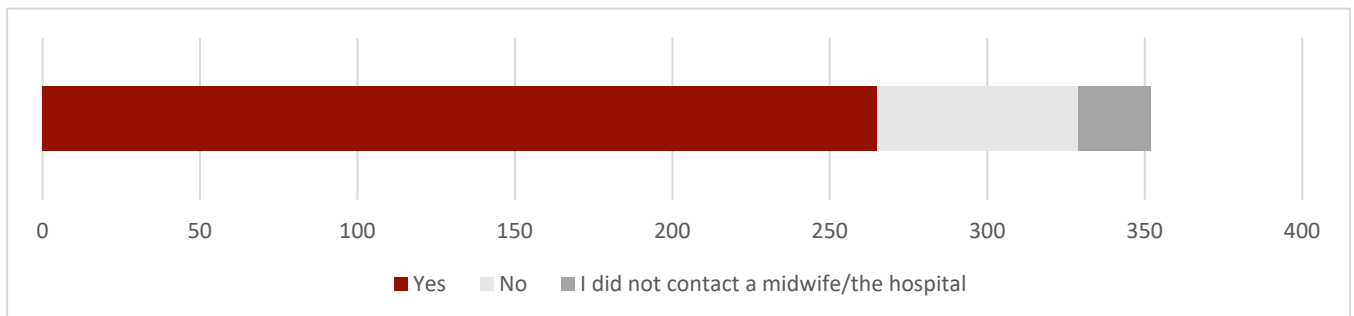
- 51% (246) respondents said they had a vaginal birth (no forceps or ventouse suction cup)
- 17% (80) respondents said they had an assisted vaginal birth (with forceps or ventouse suction cup)
- 17% (80) respondents said they had an emergency caesarean birth
- 15% (72) respondents said they had a planned caesarean birth



Question 23. C5. Before your caesarean, did you go into labour?

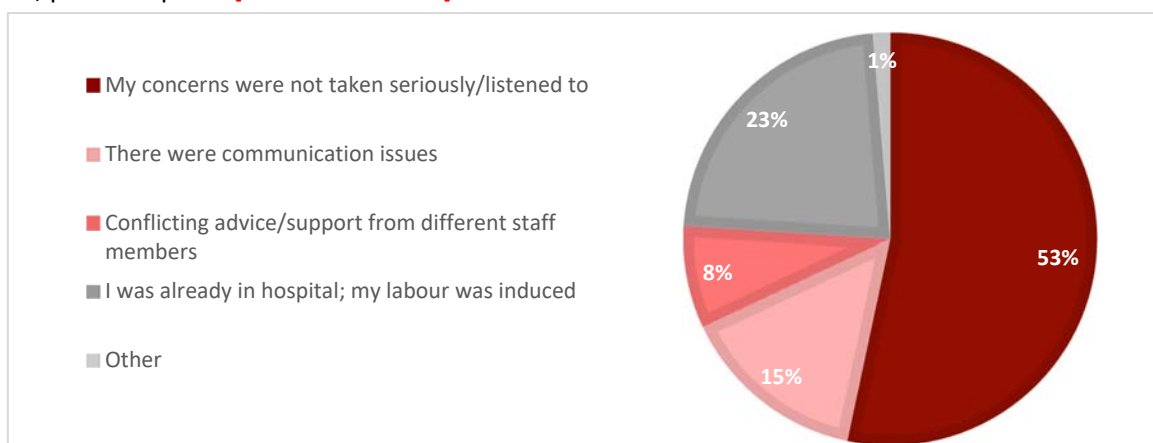
- 52% (100) respondents said that they did not go into labour before their caesarean
- 37% (71) respondents said that they did go into labour before their caesarean
- 11% (22) respondents said they did not know or could not remember

Question 24. C6. At the start of your labour, did you feel that you were given appropriate advice and support when you contacted your midwife or the maternity unit at the hospital?



- 75% (265) respondents said they were given the appropriate advice and support during the start of labour
- 18% (64) respondents said they were not given the appropriate advice and support during the start of labour
- 7% (23) respondents said they did not contact a midwife/ the hospital

If no, please explain: **[OPEN QUESTION]**

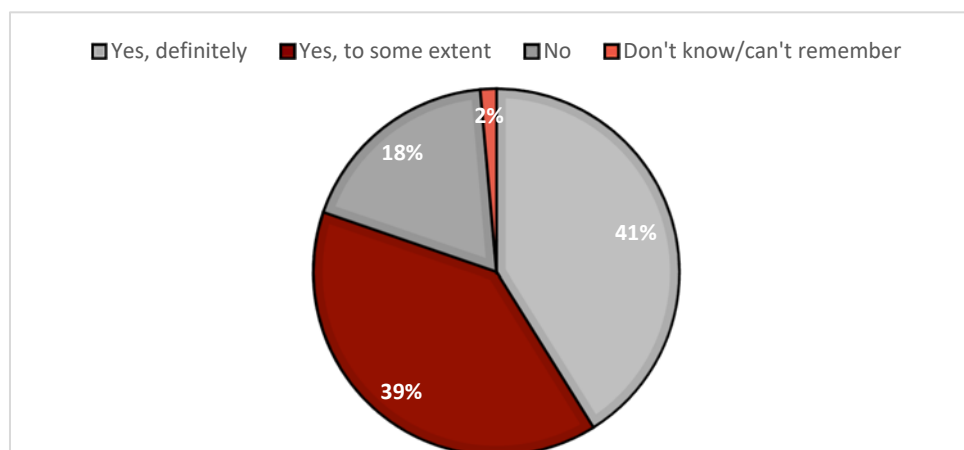


- 53% (40) respondents said that the reason they didn't feel they were given appropriate advice and support at the start of their labour was because their concerns were not taken seriously/listened to



- 23% (17) respondents said that the reason they didn't feel they were given appropriate advice and support at the start of their labour was because they were already in hospital; labour was induced
- 15% (11) respondents said that the reason they didn't feel they were given appropriate advice and support at the start of their labour was because there was communication issues
- 8% (6) respondents said that the reason they didn't feel they were given appropriate advice and support at the start of their labour was because they were given conflicting advice/support from different staff members
- 1% (1) respondent gave another answer

Question 25. C7. During your labour, did staff help to create a more comfortable atmosphere for you in a way you wanted?



- 41% (146) respondents said that staff definitely helped to create a more comfortable atmosphere for you in a way they wanted
- 39% (139) respondents said that staff to some extent helped to create a more comfortable atmosphere for you in a way they wanted
- 18% (65) respondents said staff did not help to create a more comfortable atmosphere for you in a way they wanted
- 2% (5) respondents said they did not know or could not remember



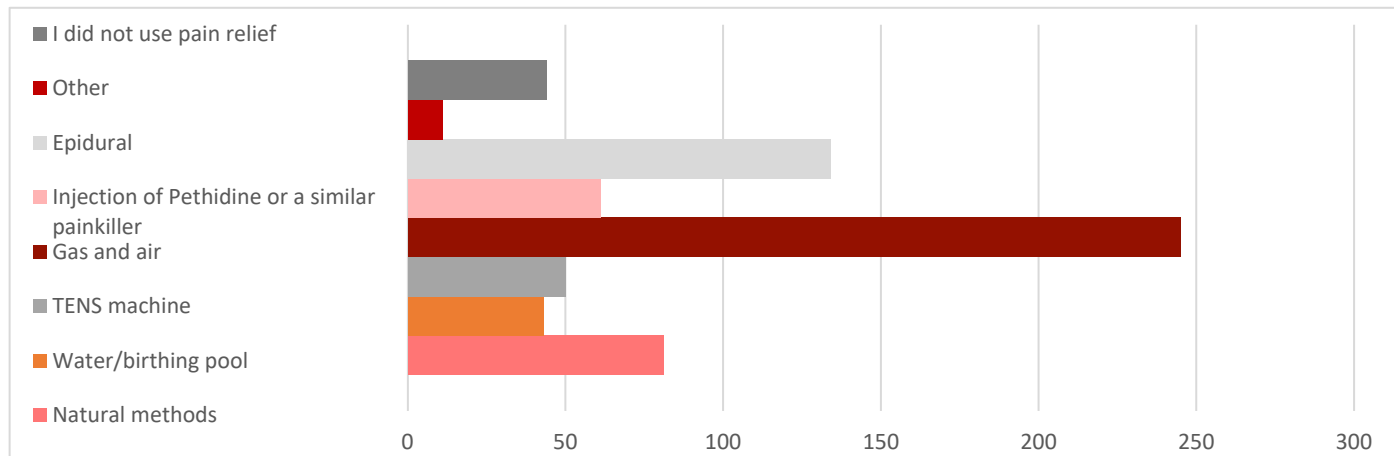
If no, please explain: [OPEN QUESTION]



- 24% (20) respondents said that the reason they felt that during labour staff did not help create a more comfortable atmosphere in the way they wanted was because it was not offered to them
- 23% (19) respondents said that the reason they felt that during labour staff did not help create a more comfortable atmosphere in the way they wanted was because they were not listened to/taken seriously
- 15% (13) respondents said that the reason they felt that during labour staff did not help create a more comfortable atmosphere in the way they wanted was because staff were unable to do so due to the nature of the facilities available
- 13% (11) respondents said that the reason they felt that during labour staff did not help create a more comfortable atmosphere in the way they wanted was because there was insufficient time to do this
- 10% (8) respondents said that the reason they felt that during labour staff did not help create a more comfortable atmosphere in the way they wanted was because they had a positive experience with staff
- 8% (7) respondents said that the reason they felt that during labour staff did not help create a more comfortable atmosphere in the way they wanted was because the quality differed depending on the staff
- 4% (3) respondents said that the reason they felt that during labour staff did not help create a more comfortable atmosphere in the way they wanted was because they had home births
- 4% (3) respondents gave other answers

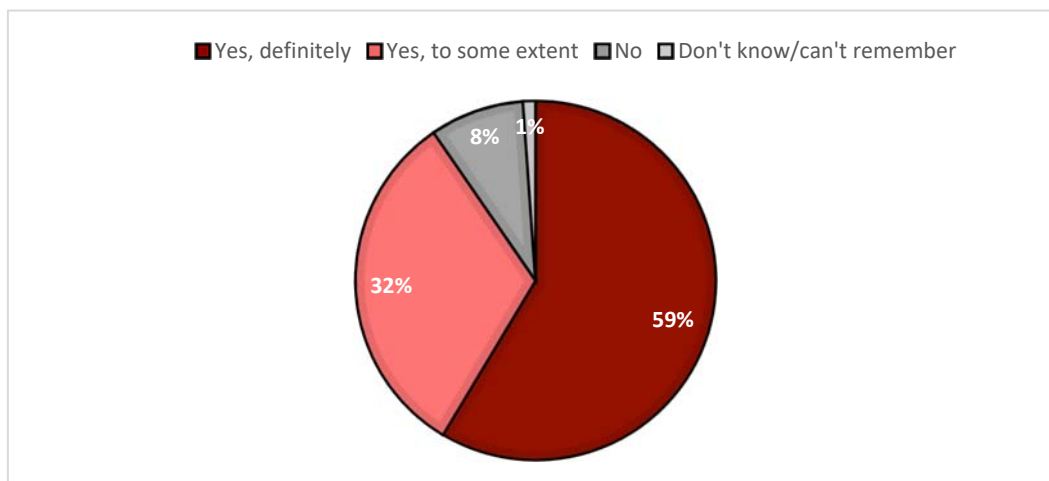


Question 26. C8. During your labour, what type of pain relief did you use? [please tick all that apply]



- 37% (245) respondents said they used gas and air
- 20% (134) respondents said they had an Epidural
- 12% (81) respondents said that they used natural methods during labour
- 9% (61) respondents said they had the Injection of Pethidine or a similar painkiller
- 7% (50) respondents said they used a TENS machine
- 7% (44) respondents said they did not use pain relief
- 6% (43) respondents said they had a water/birthing pool
- 2% (11) said they used another type of pain relief

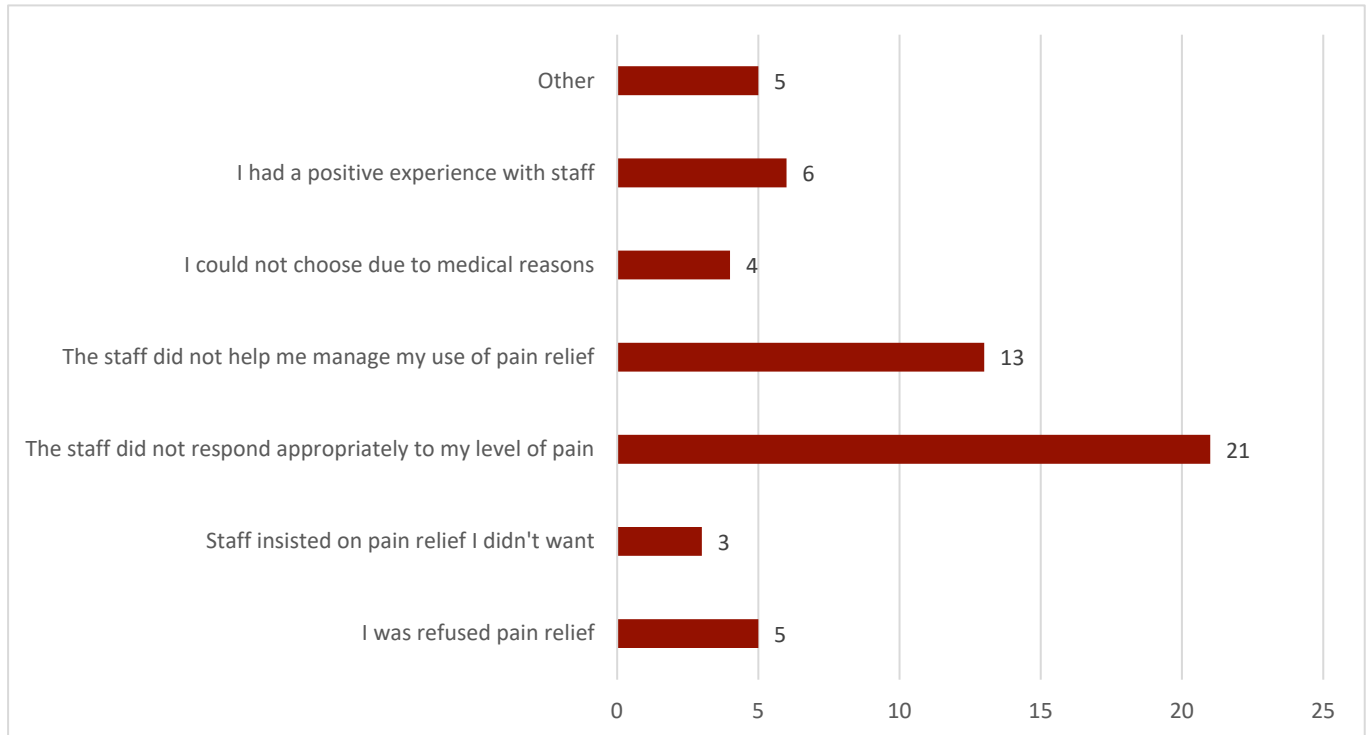
Question 27. C9. Did you feel supported by the midwives/health professionals in your choice of pain relief during labour?



- 59% (208) respondents said they defiantly felt supported by the midwives/health professionals in their choice of pain relief during labour
- 32% (113) respondents said they felt to some extent supported by the midwives/health professionals in their choice of pain relief during labour
- 8% (30) respondents said they did not feel supported by the midwives/health professionals in their choice of pain relief during labour
- 1% (4) respondents said they did not know or could not remember



If no, please explain why and who you felt wasn't supportive:



- 9% (5) respondents said that they felt unsupported by the midwives/health professionals in their choice of pain relief during labour because they were refused pain relief
- 5% (3) respondents said that they felt unsupported by the midwives/health professionals in their choice of pain relief during labour because staff insisted on pain relief that they didn't want
- 37% (21) respondents said that they felt unsupported by the midwives/health professionals in their choice of pain relief during labour because the staff did not respond appropriately to their level of pain
- 23% (13) respondents said that they felt unsupported by the midwives/health professionals in their choice of pain relief during labour because the staff did not help them manage the use of pain relief
- 7% (4) respondents said that they felt unsupported by the midwives/health professionals in their choice of pain relief during labour because they could not choose due to medical reasons
- 11% (6) respondents said that they felt unsupported by the midwives/health professionals in their choice of pain relief during labour because they had a positive experience with staff
- 9% (5) respondents gave other answers

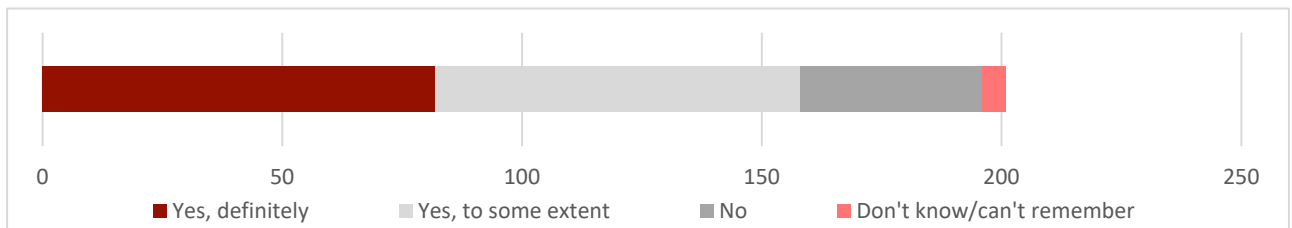


Section Six: The Birth of Your Baby (56% provided responses):

Question 28. C10. Was your labour induced?

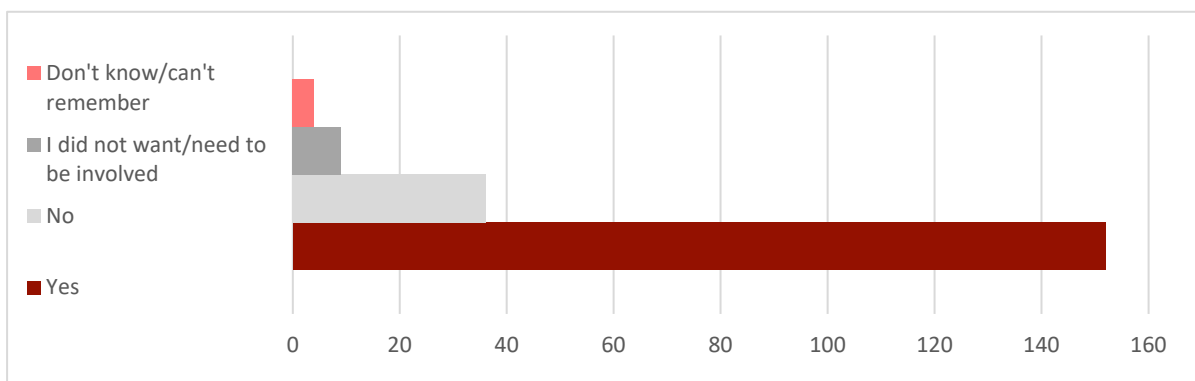
- 62% (330) respondents said their labour was not induced
- 37% (199) respondents said their labour was induced
- 1% (3) respondents said they could not remember or did not know

Question 29. C11. Were you given enough information about induction before you were induced?



- 41% (82) respondents said they were definitely given enough information about inductions before they were induced
- 38% (76) respondents said to some extent they were given enough information about inductions before they were induced
- 19% (38) respondents said they were not given enough information about inductions before they were induced
- 2% (5) respondents said they did not know or could not remember

Question 30. C12. Were you involved in the decision to be induced?



- 76% (152) respondents said they were involved in the decision to be induced
- 18% (36) respondents said they were not involved in the decision to be induced
- 4% (9) respondents said they did not want or need to be involved in the decision to be induced
- 2% (4) respondents said they did not know or could not remember

Question 31. C13. Where did you give birth?



- 76% (403) respondents said they gave birth on a bed
- 2% (13) respondents said they gave birth on the floor
- 5% (25) respondents said they gave birth in a water/birthing pool
- 17% (89) respondents said they gave birth somewhere else

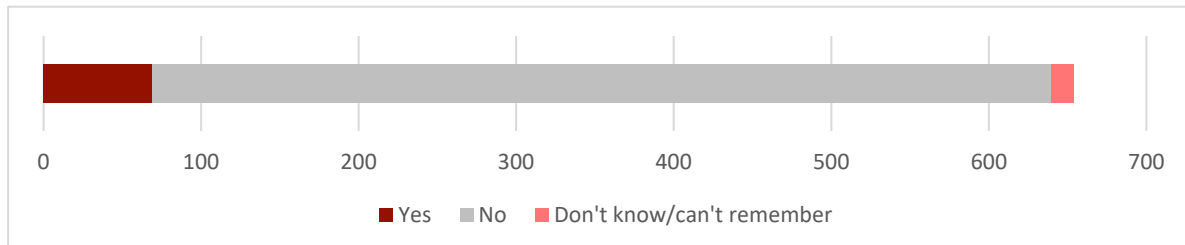
Other (please specify): **[OPEN QUESTION]**

- 10% (9) respondents said that they gave birth standing
- 77% (67) respondents said that they gave birth in theatre
- 3% (3) respondents said that they gave birth sitting/lying down
- 9% (8) respondents gave other answers



Section Seven: The Staff Caring for You (100% provided responses):

Question 32. C14. Had any of the midwives who cared for you during labour been involved in your antenatal care?

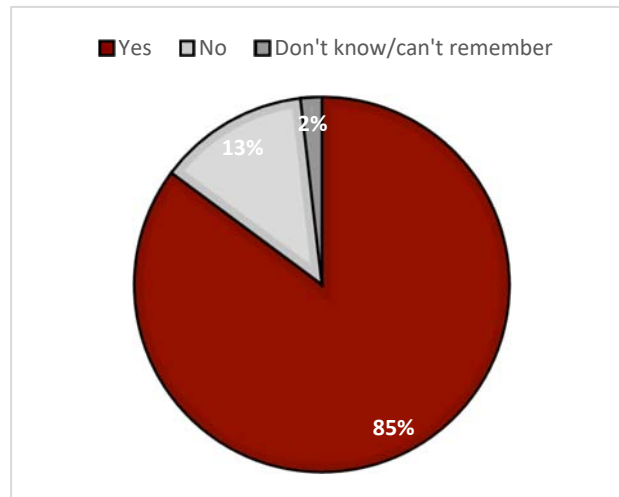


- 87% (571) respondents said the midwives caring for them during labour had not been involved in their antenatal care
- 11% (69) respondents said the midwives caring for them during labour had been involved in their antenatal care
- 2% (14) respondents said they did not know or could not remember

Question 33. C15. Were you (and/or your partner or a companion) left alone by midwives or doctors at a time when it worried you? [please tick all that apply]

- 66% (462) of responders said they were not left alone at all
- 12% (87) responders said they (and/or your partner or a companion) were left alone by midwives or doctors, this worried them during early labour
- 12% (82) responders said they (and/or your partner or a companion) were left alone by midwives or doctors, this worried them during shortly after the birth
- 8% (58) responders said they (and/or your partner or a companion) were left alone by midwives or doctors, this worried them during later stages of labour
- 2% (16) responders said they (and/or your partner or a companion) were left alone by midwives or doctors, this worried them during the birth

- **Question 34. C16.** Was your partner as involved in the whole birthing experience as much as you wanted?



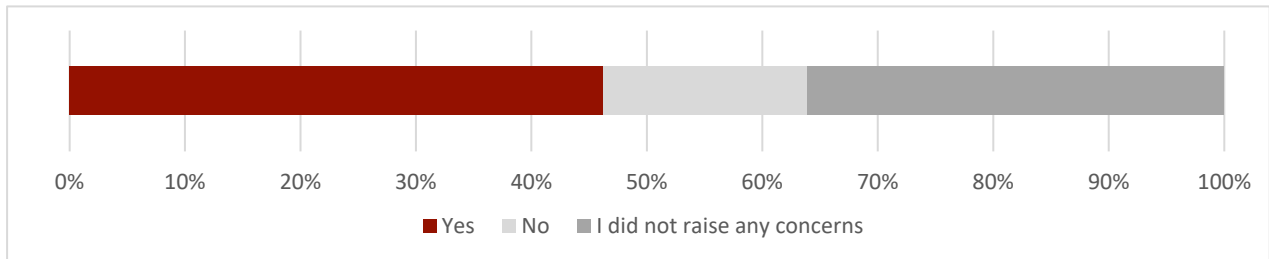
- 85% (557) respondents said their partner was involved as much as they wanted in the whole birthing experience
- 13% (85) respondents said their partner was not involved as much as they wanted in the whole birthing experience
- 2% (12) respondents said they did not know or could not remember

If no, please explain why: **[OPEN QUESTION]**

- 32% (26) respondents said that their partner was not involved in the birthing experience as much as they wanted because their partners' involvement was not considered by staff
- 19% (15) respondents said that their partner was not involved in the birthing experience as much as they wanted because of medical reasons
- 19% (15) respondents said that their partner was not involved in the birthing experience as much as they wanted because their partner was not allowed by staff
- 11% (9) respondents said that their partner was not involved in the birthing experience as much as they wanted because of COVID restrictions
- 6% (5) respondents said that their partner was not involved in the birthing experience as much as they wanted because their partner had other commitments
- 5% (4) respondents said that their partner was not involved in the birthing experience as much as they wanted because their partner was not comfortable/did not want to attend
- 4% (3) respondents gave other answers
- 2% (2) respondents said that their partner was not involved in the birthing experience as much as they wanted because they did not want their partner to attend
- 2% (2) respondents said that their partner was not involved in the birthing experience as much as they wanted because they did not have a partner



Question 35. C17. If you raised a concern during labour and birth, did you feel that it was taken seriously?

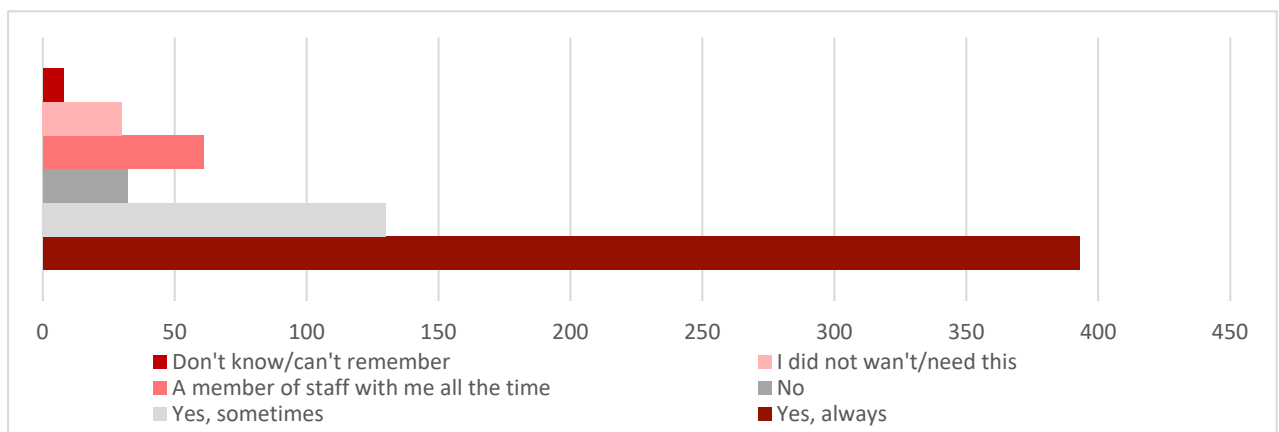


- 46% (302) respondents said they did feel like when they had raised a concern during labour and birth it was taken seriously
- 36% (236) responders said they did not raise any concerns
- 18% (116) respondents said they did not feel like they were taken seriously when they had raised a concern during labour and birth

If no, please explain: **[OPEN QUESTION]**

- 23% (23) respondents said that they felt their concerns, raised during labour and birth, weren't taken seriously because their level of pain was not taken seriously
- 3% (3) respondents said that they felt their concerns, raised during labour and birth, weren't taken seriously because their emotional wellbeing was not taken seriously
- 50% (50) respondents said that they felt their concerns, raised during labour and birth, weren't taken seriously because their concerns about their progress during labour and birth were not taken seriously
- 7% (7) respondents said that they felt their concerns, raised during labour and birth, weren't taken seriously because they were asked to agree to things that made them uncomfortable
- 11% (11) respondents said that they felt their concerns, raised during labour and birth, weren't taken seriously because they were not kept informed about what was happening
- 6% (6) respondents gave other answers

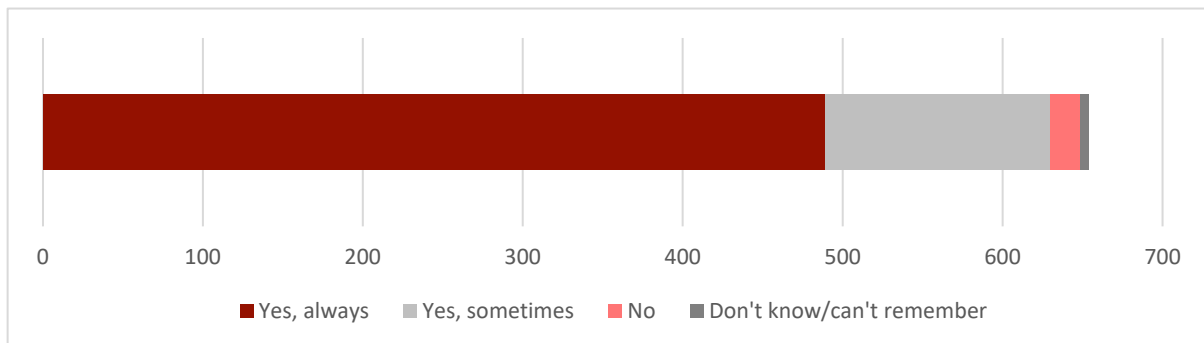
Question 36. C18. During labour and birth, were you able to get a member of staff to help you when you needed it?





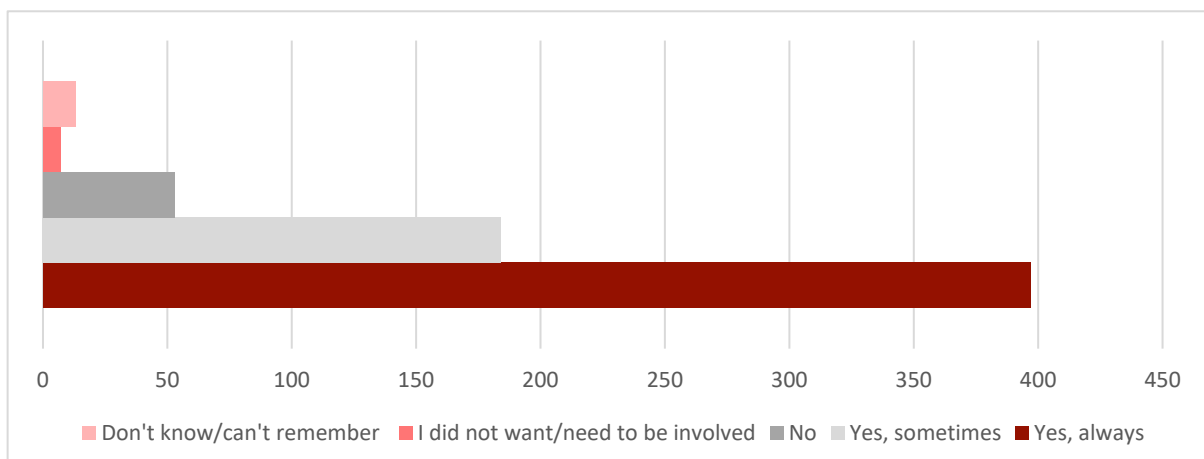
- 60% (393) respondents said they were always able to get a member of staff to help them when they needed it
- 20% (130) respondents said they sometimes were able to get a member of staff to help them when they needed it
- 5% (32) respondents said they were not able to get a member of staff to help them when they needed it
- 9% (61) respondents said they had a member of staff with them at all times
- 5% (30) respondents said they did not want or need a member of staff
- 1% (8) respondents said they did not know or could not remember

Question 37. C19. Thinking about your care during labour and birth, were you spoken to in a way you could understand?



- 75% (489) responders said they were always spoken to in a way they could understand
- 21% (141) responders said they sometimes were spoken to in a way they could understand
- 3% (19) responders said they were not spoken to in a way they could understand
- 1% (5) responders said they did not know or could not remember

Question 38. C20. Thinking of your care during labour and birth, were you involved in decisions about your care?



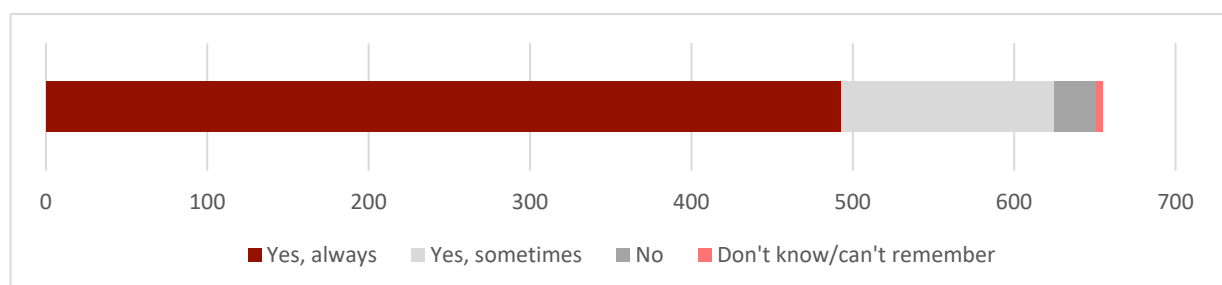


- 61% (397) responders said they were always involved in decisions about their care
- 28% (184) responders said they were sometimes involved in decisions about their care
- 8% (53) responders said they were not involved in decisions about their care
- 1% (7) responders said they did not want or need to be involved in decisions about their care
- 2% (13) responders said they did not know or could not remember

If no, please tell us why: **[OPEN QUESTION]**

- 32% (16) respondents said that they were not involved in decisions about their own care during labour and birth because staff did not acknowledge their wishes or listen to their concerns
- 18% (9) respondents said that they were not involved in decisions about their own care during labour and birth because they were not consulted by members of staff
- 20% (10) respondents said that they were not involved in decisions about their own care during labour and birth because they were not given options about their care
- 10% (5) respondents said that they were not involved in decisions about their own care during labour and birth because they had to have a C-section
- 10% (5) respondents gave other answers
- 6% (3) respondents said that they were not involved in decisions about their own care during labour and birth because they were asked to agree to procedures or care which they did not understand
- 4% (2) respondents said that they were not involved in decisions about their own care during labour and birth because their baby was hospitalised

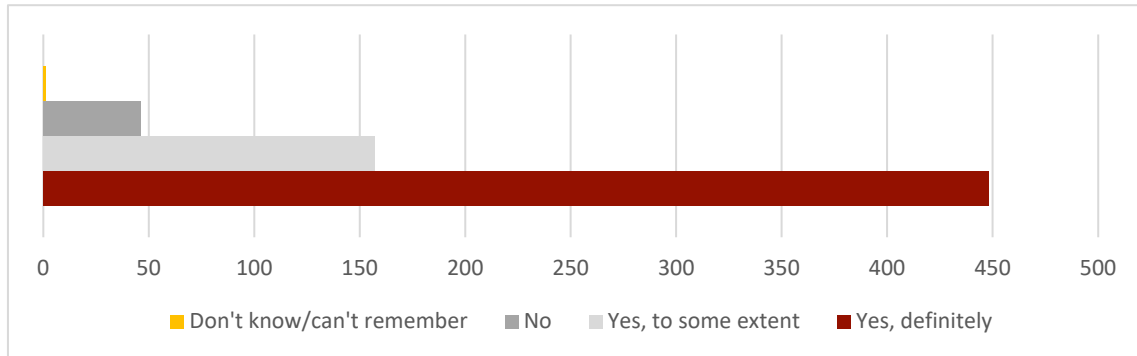
Question 39. C21. Thinking about your care during labour and birth, were you treated with respect and dignity?



- 75% (493) responders said they were always treated with respect and dignity
- 20% (132) responders said they sometimes were treated with respect and dignity
- 4% (26) responders said they were not treated with respect and dignity
- 1% (4) said they did not know or could not remember

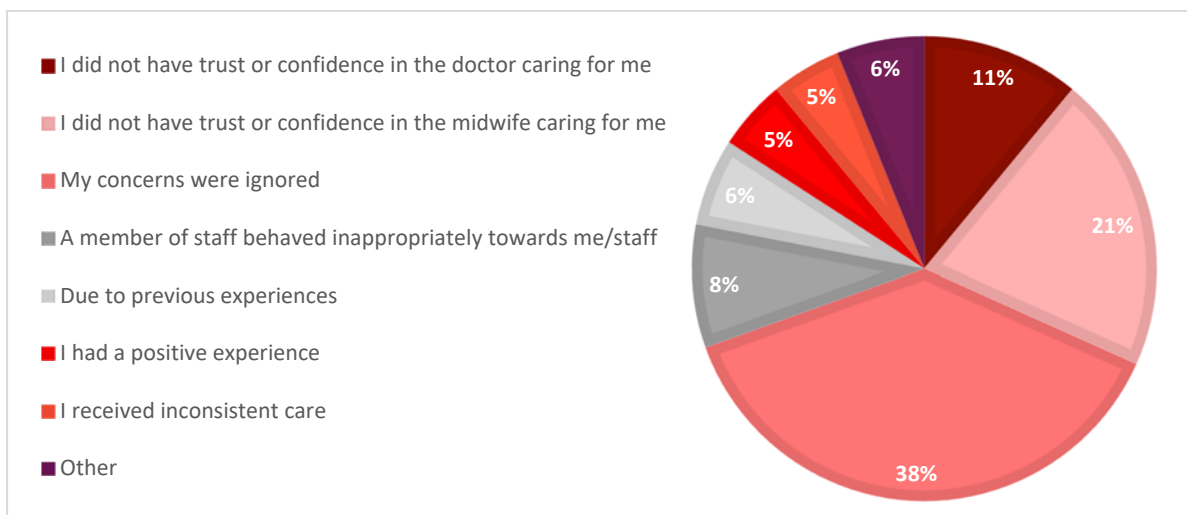


Question 40. C22. Did you have confidence and trust in the staff caring for you throughout your labour and birth?



- 69% (448) respondents said they definitely had confidence and trust in the staff caring for them during labour and birth
- 24% (157) respondents said that to some extent they had confidence and trust in the staff caring for them during labour and birth
- 7% (46) respondents said they did not have confidence and trust in the staff caring for them during labour and birth
- 0% (1) respondent said they did not know or could not remember

If no, please tell us why and who you didn't have trust/confidence in: **[OPEN QUESTION]**

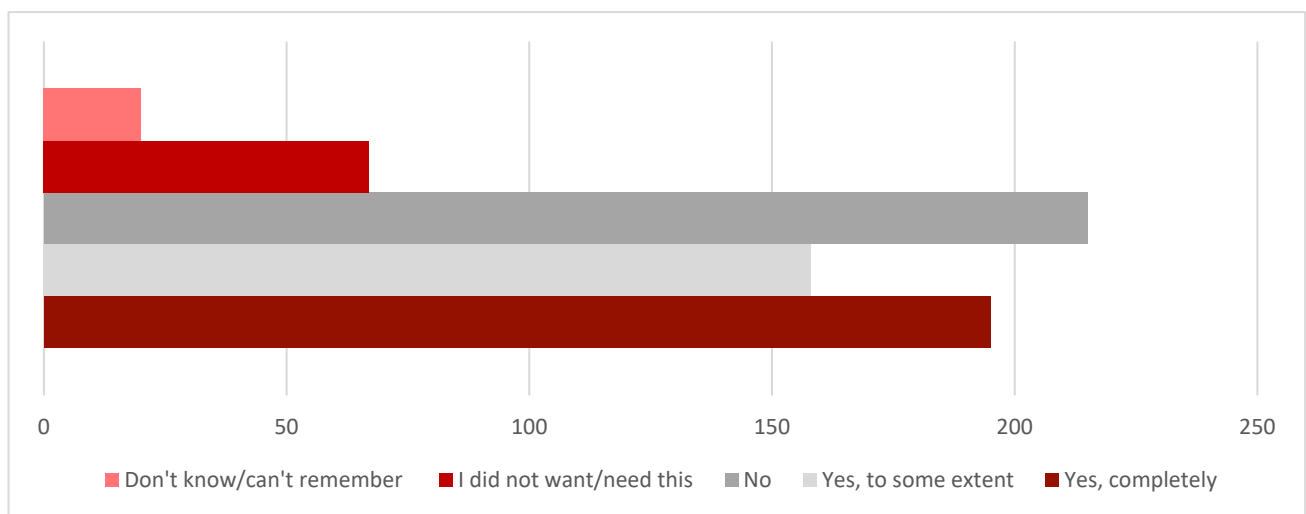


- 11% (9) respondents said that they didn't have trust or confidence in the doctor caring for them
- 21% (17) respondents said that they didn't have trust or confidence in the midwife caring for them
- 38% (31) respondents said that they didn't have trust/confidence in the staff caring for them because their concerns were ignored
- 9% (7) respondents said that they didn't have trust/confidence in the staff caring for them because a member of staff behaved inappropriately towards them/staff



- 6% (5) respondents said that they didn't have trust/confidence in the staff caring for them because of previous experiences
- 5% (4) respondents said that they didn't have trust/confidence in the staff caring for them because they had a positive experience
- 5% (4) respondents said they didn't have trust/confidence in the staff caring for them because they received inconsistent care
- 6% (5) respondents gave other answers

Question 41. C23. After your baby was born, did you have the opportunity to ask questions about your labour and birth?

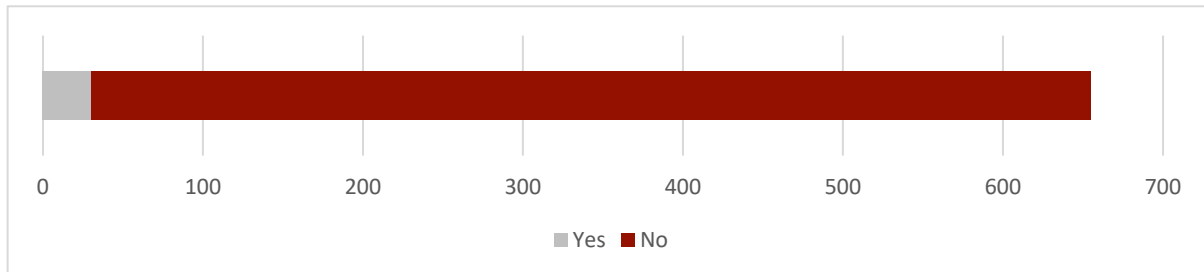


- 33% (215) respondents said they did not have the opportunity to ask questions about their labour and birth after their baby was born
- 30% (195) respondents said they did completely have the opportunity to ask questions about their labour and birth after their baby was born
- 24% (158) said they did to some extent have the opportunity to ask questions about their labour and birth after their baby was born
- 10% (67) respondents said they did not need to ask questions
- 3% (20) respondents said they did not know or could not remember



Section Eight: Home Births (52% provided responses):

Question 42. C24. Did you have a home birth?



- 95% (625) respondents said they did not have a home birth
- 5% (25) respondents said they did have a home birth

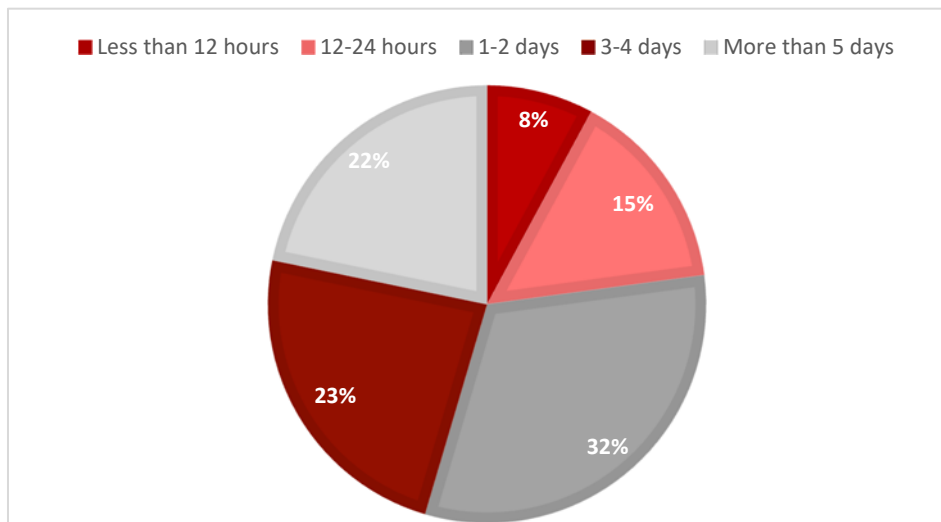
Question 43. C25. Did you require hospital care immediately after your home birth?

- 33% (10) responders said they did require hospital care immediately after their home birth
- 67% (20) responders said they did not require hospital care immediately after their home birth



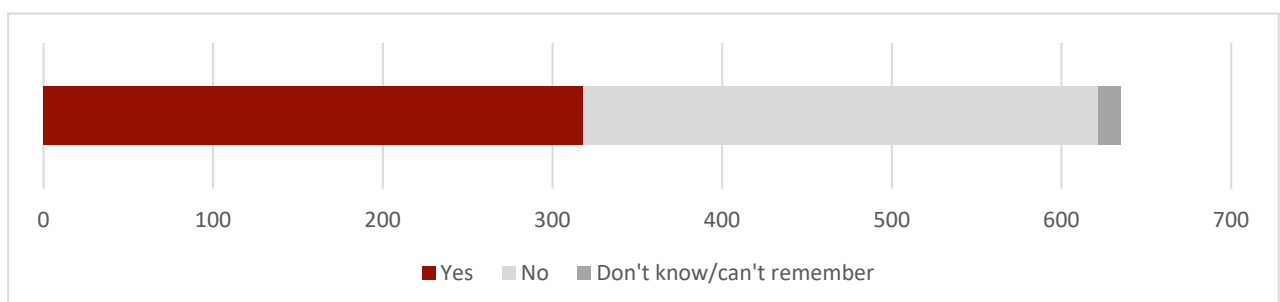
Section Nine: Care in the Maternity Ward After Birth (Postnatal Care) (97% provided responses):

Question 44. D1. How long did you stay in hospital after your baby was born?



- 32% (201) respondents said they stayed in hospital for 1-2 days after their baby was born
- 23% (150) respondents said they stayed in hospital for 3-4 days after their baby was born
- 22% (138) respondents said they stayed in hospital for more than 5 days after their baby was born
- 15% (95) respondents said they stayed in hospital for 12-24 hours after their baby was born
- 8% (50) respondents said they stayed in hospital for less than 12 hours after their baby was born

Question 45. D2. Was the length of time you stayed in hospital a decision taken by yourself?



- 50% (318) responders answered yes
- 48% (304) respondents answered no
- 2% (13) responders said they did not know or could not remember

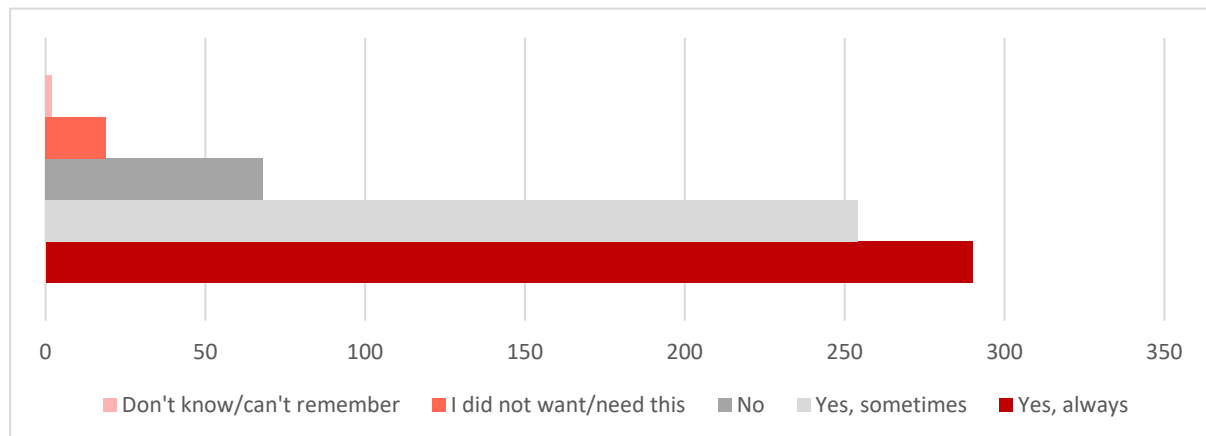


If no, please explain why you stayed in hospital for a longer/shorter period than you had wanted:

[OPEN QUESTION]

- 40% (114) respondents said that they stayed longer/shorter in hospital than they wanted to due to medical reasons
- 21% (59) respondents said that they stayed longer/shorter in hospital than they wanted to due to their baby's medical reasons/wellbeing
- 10% (28) respondents said that they wanted to leave hospital earlier because they were not supported by staff after they gave birth
- 9% (26) respondents said that they stayed longer in hospital than they wanted to because their baby was in the Special Care Baby Unit
- 9% (25) respondents said that they stayed longer in hospital than they wanted to because of advice given by staff
- 3% (8) respondents said that they stayed shorter in hospital than they wanted to for mental health/wellbeing reasons
- 3% (8) respondents gave other answers
- 2% (6) respondents said that they left hospital earlier due to COVID-19 restrictions
- 1% (4) respondents said that they stayed longer in hospital than they wanted to for mental health reasons following a difficult/traumatic birth
- 1% (4) respondents said that they stayed longer in hospital than they wanted due to staff error

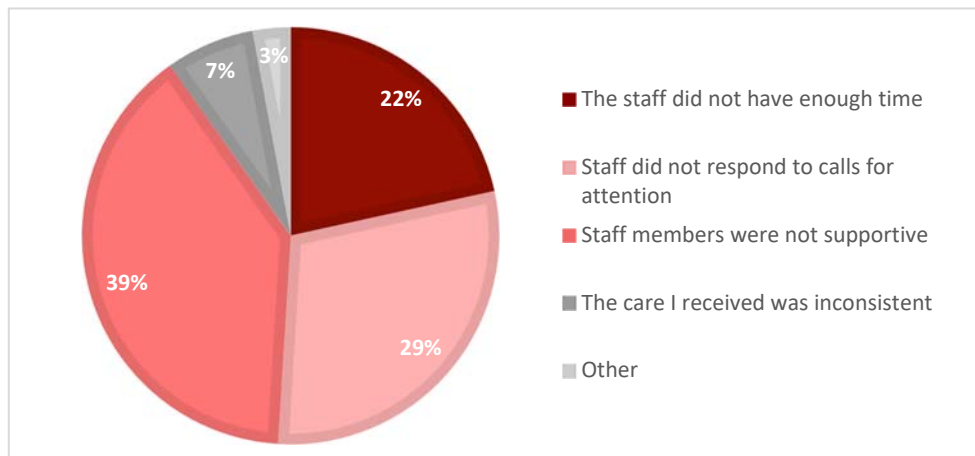
Question 46. D3. If you needed attention while you were in hospital after the birth, were you able to get a member of staff to help you when you needed it?



- 46% (290) responders said they were always able to reach a member of staff to help them when needed
- 40% (254) responders said they sometimes were able to reach a member of staff to help them when needed
- 11% (68) responders said they were not able to reach a member of staff to help them when needed
- 3% (19) responders said they did not want/need this
- 0% (2) responders said they could not remember or did not know

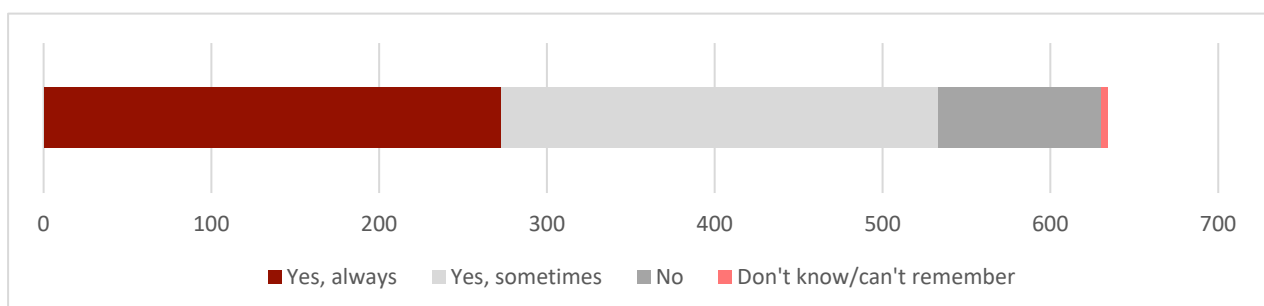


If no, please explain why: [OPEN QUESTION]



- 22% (22) respondents said that they were not able to get a member of staff to help them when they needed attention after the birth because the staff did not have enough time
- 29% (30) respondents said that they were not able to get a member of staff to help them when they needed attention after the birth because staff did not respond to their calls for attention
- 39% (40) respondents said that they were not able to get a member of staff to help them when they needed attention after the birth because staff members were not supportive
- 7% (7) respondents said that they were not able to get a member of staff to help them when they needed attention after the birth because the care they received was inconsistent
- 3% (3) respondents gave other answers

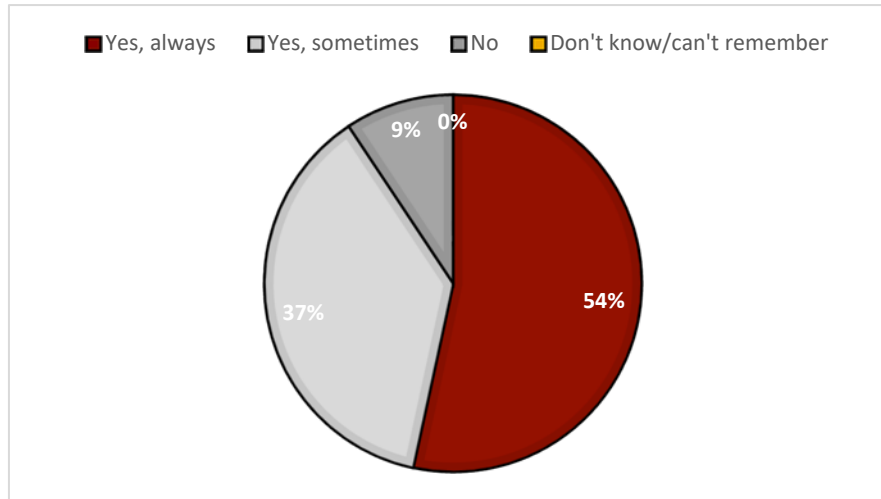
Question 47. D4. Thinking about the care you received in hospital after the birth of your baby, were you given the information or explanations you needed?



- 43% (273) responders said that they were always given the information or explanations needed
- 41% (260) responders said that they sometimes were given the information or explanations needed
- 15% (97) responders said they had not been given the information or explanations needed
- 1% (4) responders said they did not know of couldn't remember



Question 48. D5. After the birth, whilst in hospital, were you treated with kindness and understanding?



- 54% (338) responders said they were always treated with kindness and understanding
- 37% (236) responders said they were sometimes treated with kindness and understanding
- 9% (59) responders said they were not treated with kindness and understanding

If no, please tell us why: **[OPEN QUESTION]**

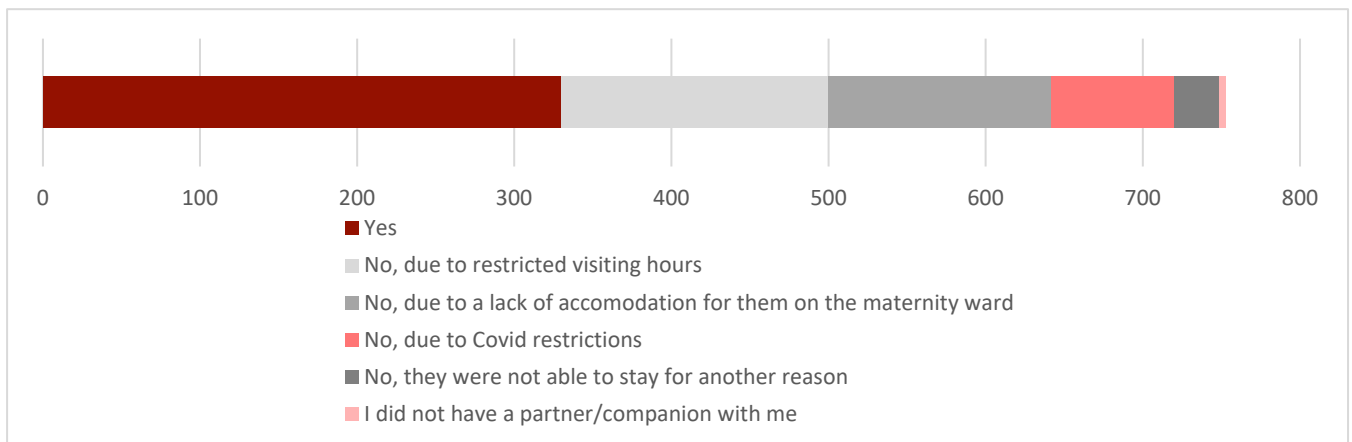


- 43% (52) respondents said that they were not treated with kindness and understanding after their birth because of the attitude of the staff who cared for them
- 25% (31) respondents said that they were not treated with kindness and understanding after their birth because the treatment they received was inconsistent and depended on who was working



- 24% (29) respondents said that they were not treated with kindness and understanding after their birth because their physical and emotional needs were not considered
- 5% (6) respondents said that they were not treated with kindness and understanding after their birth because the staff were too busy
- 2% (2) respondents said that they were not treated with kindness and understanding after their birth because they had a positive experience
- 2% (2) respondents gave other answers

Question 49. D6. If your partner or someone else you were close to you was involved in your care, were they able to stay with you as much as you wanted? [please tick all that apply]

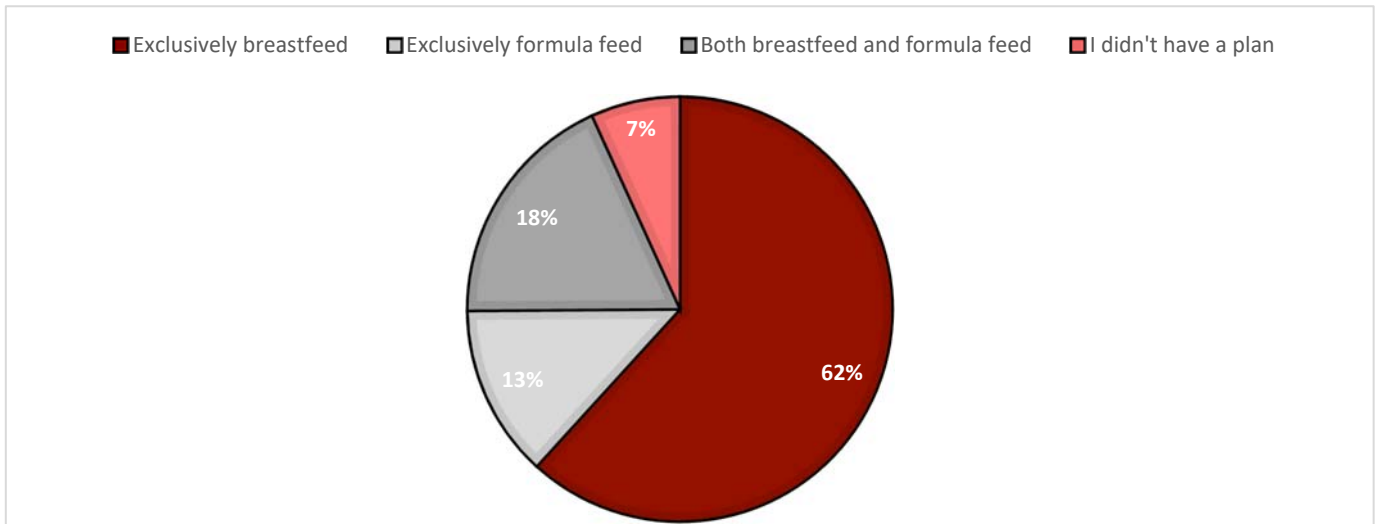


- 44% (330) respondents said their partner or someone else close to them was able to stay with them as much as they wanted
- 23% (170) responders said their partner or someone else close to them was not able to stay with them as much as they wanted due to restricted visiting hours
- 19% (142) responders said their partner or someone else close to them was not able to stay with them as much as they wanted due to lack of accommodation for them on the maternity ward
- 10% (78) responders said their partner or someone else close to them was not able to stay with them as much as they wanted due to Covid restrictions
- 4% (29) responders said their partner or someone else close to them was not able to stay with them as much as they wanted for another reason
- 0% (4) responders said they did not have a partner or companion with them



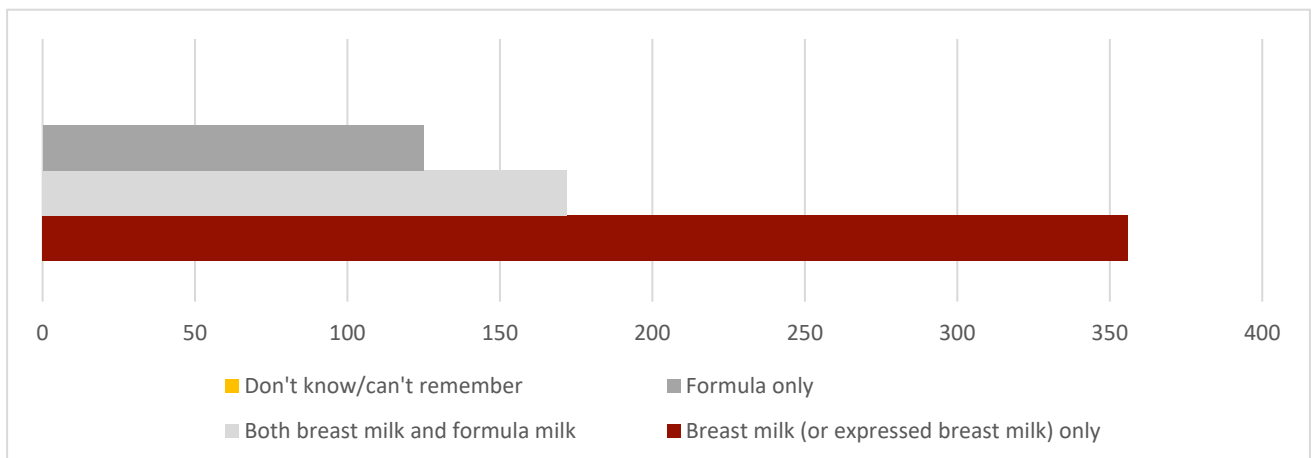
Section Ten: Feeding Your Baby (86% provided responses):

Question 50. E1. When you were pregnant, how did you want to feed your baby when they were born?



- 62% (391) responders said they wanted to exclusively breastfeed
- 13% (83) responders said they wanted to exclusively formula feed
- 18% (116) responders said they wanted to both breastfeed and formula feed
- 7% (43) responders said they did not have a plan

Question 51. E2. In the first few days after the birth how was your baby fed?



- 55% (356) responders said they fed their baby breast milk or expressed milk only
- 26% (172) responders said they fed their baby both breast milk and formula milk
- 19% (125) responders said they fed their baby formula only
- 0% (0) responders said they could not remember or did not know

Question 52. E3. Are you still breastfeeding your child?

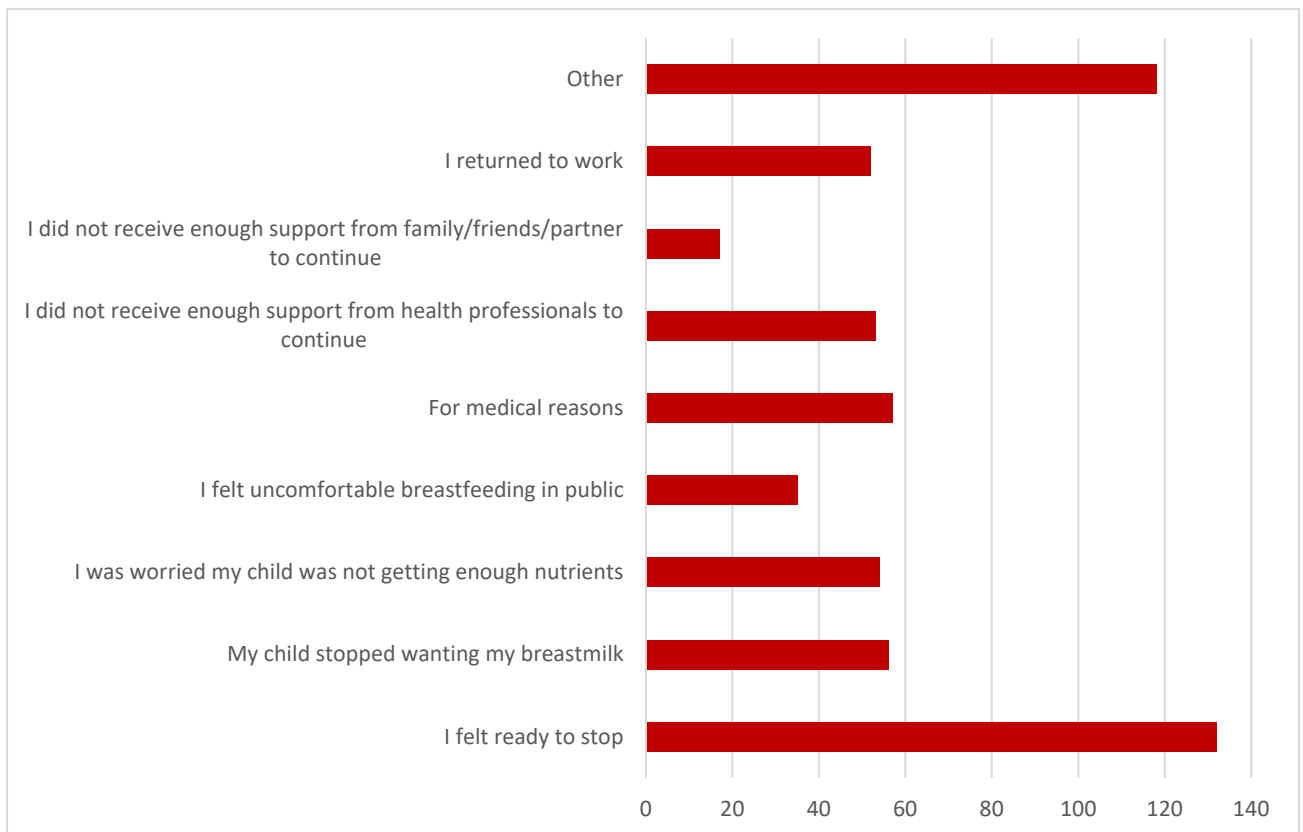


- 29% (151) responders said they are still breastfeeding
- 71% (377) responders said they are not still breastfeeding

If no, what age was your child when you stopped? **[OPEN QUESTION]**

- 36% (121) respondents said that their child was 1-5 months old when they stopped breastfeeding
- 23% (77) respondents said that their child was 1-3 years old when they stopped breastfeeding
- 22% (72) respondents said that their child was 6-11 months old when they stopped breastfeeding
- 10% (34) respondents said that their child was 1-3 weeks old when they stopped breastfeeding
- 7% (22) respondents said that their child was 1-6 days old when they stopped breastfeeding
- 1% (3) respondents said that their child was more than 3 years old when they stopped breastfeeding
- 1% (5) respondents gave other answers

Question 53. E4. Why did you stop breastfeeding? [please tick all that apply]



- 23% (132) respondents said they stopped breastfeeding because they felt ready to stop

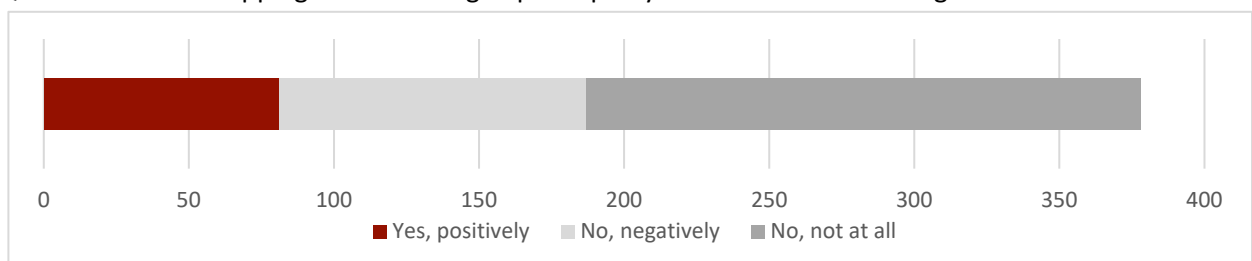


- 21% (118) respondents said they stopped breastfeeding due to another reason
- 10% (56) respondents said they stopped breastfeeding because their child stopped wanted breastmilk
- 10% (57) respondents said they stopped breastfeeding for medical reasons
- 9% (53) respondents said they stopped breastfeeding because they did not receive enough support from health professionals
- 9% (54) respondents said they stopped breastfeeding because they were worried their child was not getting enough nutrients
- 9% (52) respondents said they stopped breastfeeding because they returned to work
- 6% (35) respondents said they stopped breastfeeding because they felt uncomfortable breastfeeding in public
- 3% (17) respondents said they stopped breastfeeding because they did not receive enough support from family/friends/partner

Other (please specify): **[OPEN QUESTION]**

- 35% (41) respondents said that they stopped breastfeeding because they could not produce enough milk
- 20% (23) respondents said that they stopped breastfeeding due to their mental wellbeing
- 15% (17) respondents said that they stopped breastfeeding because their child would not latch
- 9% (10) respondents said that they stopped breastfeeding because it was too painful
- 7% (8) respondents said that they stopped breastfeeding because it was too time consuming
- 4% (5) respondents said that they stopped breastfeeding because they found it too difficult
- 4% (5) respondents gave other answers
- 3% (4) respondents said that they stopped breastfeeding because their baby did not receive the breastmilk well
- 3% (3) respondents said that they stopped breastfeeding because of lack of support from staff

Question 54. Did stopping breastfeeding impact upon your emotional wellbeing?

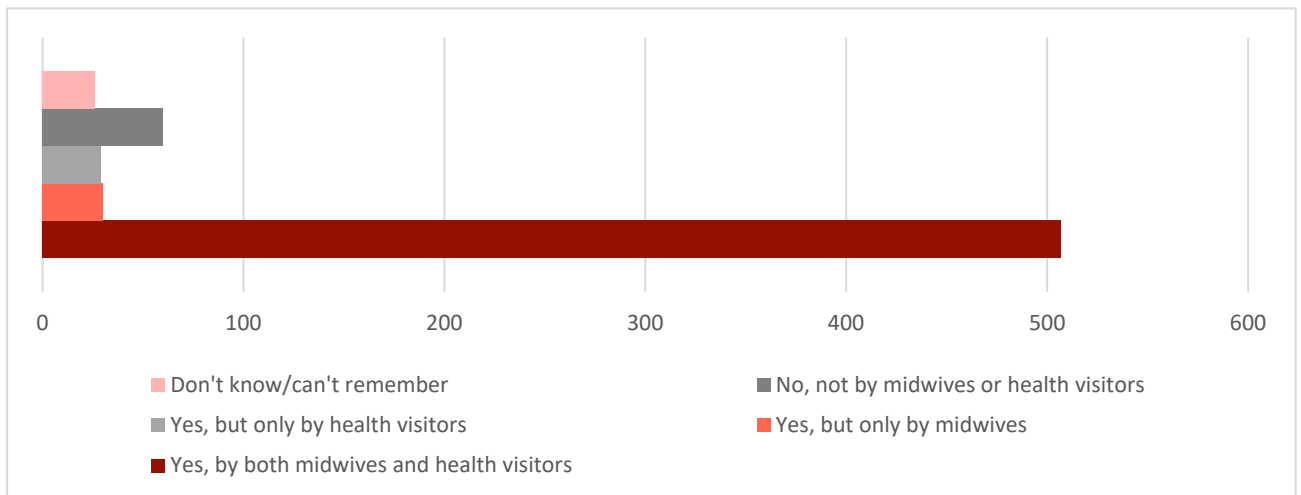


- 51% (191) responders said that stopping breastfeeding did not impacted on their emotional wellbeing
- 28% (106) responders that that stopping breastfeeding impacted negatively on their emotional wellbeing



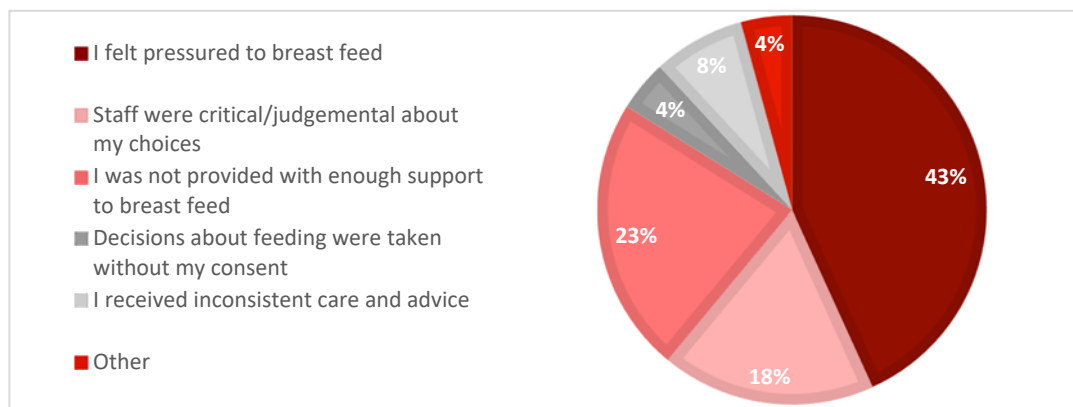
- 21% (81) responders said that stopping breastfeeding impacted positively on their emotional wellbeing

Question 55. E5. Were your decisions about how you wanted to feed your baby respected by midwives/health visitors?



- 78% (507) respondents said their decisions about how to feed their baby was respected by both midwives and health visitors
- 9% (60) respondents said their decisions about how to feed their baby was not respected by midwives or health visitors
- 5% (30) respondents said their decisions about how to feed their baby was respected by midwives only
- 4% (29) respondents said their decisions about how to feed their baby was respected by health visitors only
- 4% (26) respondents said they did not know or could not remember

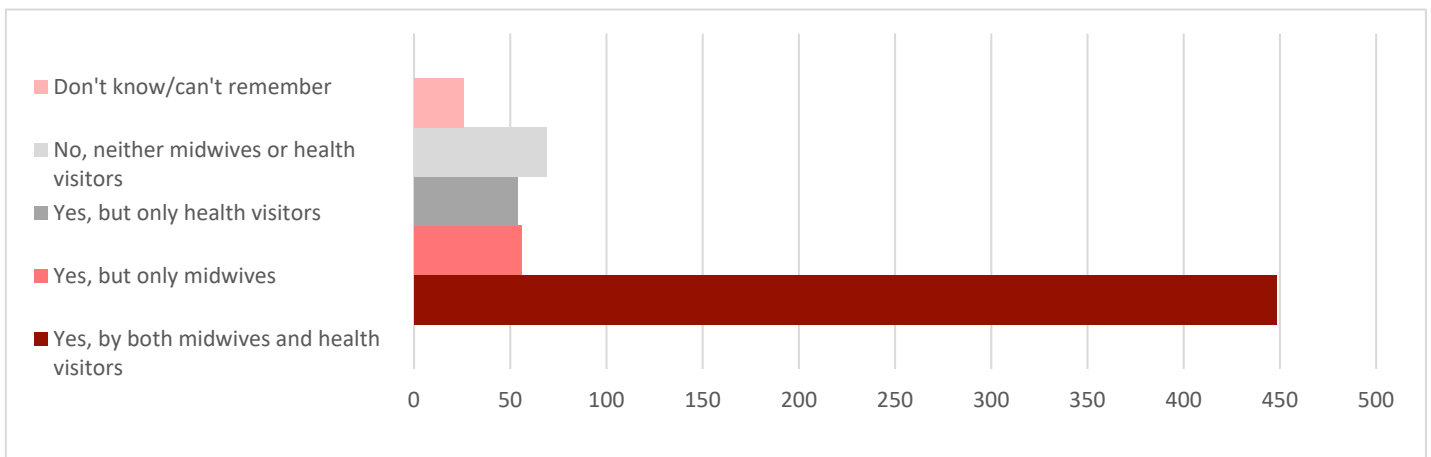
If you don't feel that your decisions about feeding your baby were respected by midwives and/or health visitors, please explain why: **[OPEN QUESTION]**





- 43% (51) respondents said that they didn't feel their decisions about feeding their baby were respected by midwives and/or health visitors because they felt pressured to breast feed
- 18% (21) respondents said that they didn't feel their decisions about feeding their baby were respected by midwives and/or health visitors because staff were critical/judgemental about their choices
- 23% (27) respondents said that they didn't feel their decisions about feeding their baby were respected by midwives and/or health visitors because they were not provided with enough support to breast feed
- 4% (5) respondents said that they didn't feel their decisions about feeding their baby were respected by midwives and/or health visitors because decisions about feeding were made without their consent
- 7% (9) respondents said that they didn't feel their decisions about feeding their baby were respected by midwives and/or health visitors because they received inconsistent care and advice
- 4% (5) respondents gave other answers

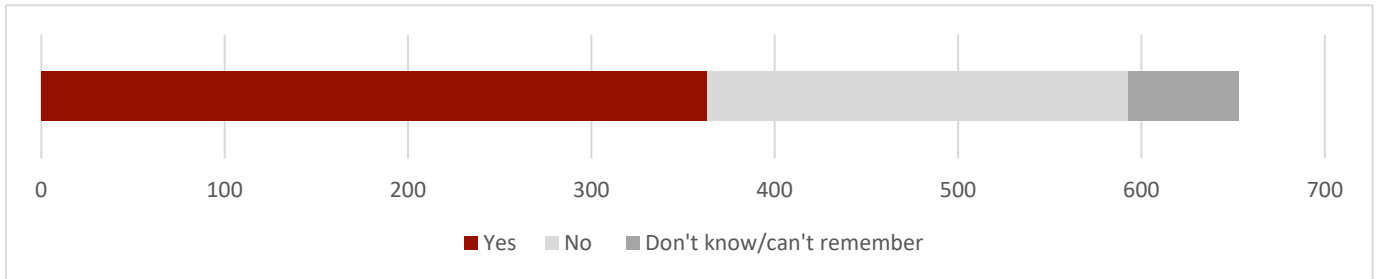
Question 56. E6. Did you feel that midwives/health visitors gave you active support and encouragement about feeding your baby?



- 69% (448) responders said they were given active support and encouragement about feeding their baby by both midwives and health visitors
- 10% (69) responders said they were not given active support and encouragement about feeding their baby by either midwives or health visitors
- 9% (56) responders said they were given active support and encouragement about feeding their baby by midwives only
- 8% (54) responders said they were given active support and encouragement about feeding their baby by health visitors only
- 4% (26) responders said they did not know or could not remember



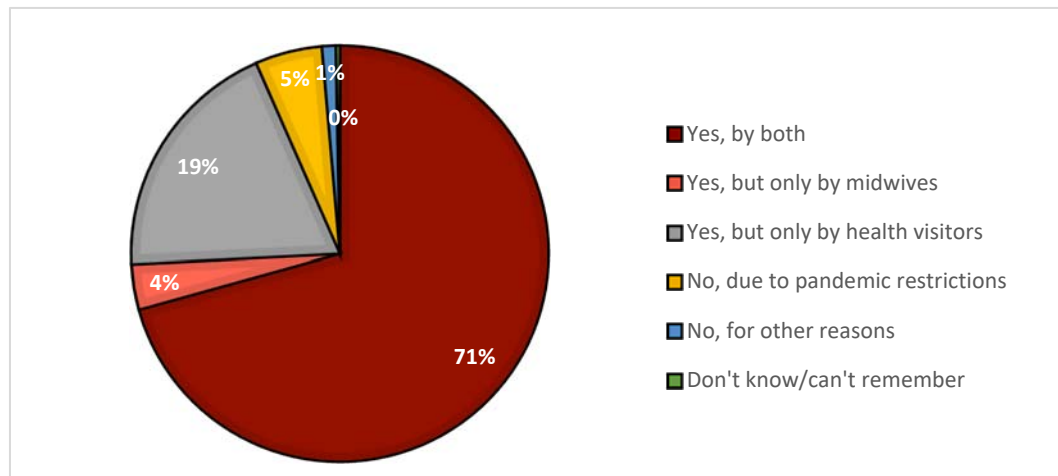
Question 57. E7. Was the advice you received from different midwives/health professionals about feeding your baby consistent?



- 56% (363) responders said they did receive consistent advice from different midwives/health professionals about feeding their baby
- 35% (230) responders said they did not receive consistent advice from different midwives/health professionals about feeding their baby
- 9% (60) responders said they didn't know or couldn't remember

Section Eleven: Care After Birth (97% provided responses):

Question 58. F1. After your baby's birth, were you visited at home by midwives/health visitors?



- 71% (463) responders said they were visited at home by both their midwives and health visitors
- 4% (23) responders said they were visited at home by their midwife only
- 19% (126) responders said they were visited at home by a health visitor only
- 5% (34) responders said they were not visited due to pandemic restrictions
- 1% (7) responders said they were not visited due to other reasons
- 0% (2) responders said they did not know or could not remember

If no for other reasons, please explain: **[OPEN QUESTION]**

- 54% (15) respondents said that they were not visited at home after their baby's birth by midwives/health visitors because they were visited by midwives/health visitors
- 18% (5) respondents gave other answers
- 14% (4) respondents said that they were not visited at home after their baby's birth by midwives/health visitors because they were given the option to go to the Bridge centre
- 7% (2) respondents said that they were not visited at home after their baby's birth by midwives/health visitors because they were hospitalised
- 4% (1) respondent said that they were not visited at home after their baby's birth by midwives/health visitors because they had to go to a clinic
- 4% (1) respondent said that they were not visited at home after their baby's birth by midwives/health visitors because they were offered support over the phone

Question 59. F2. How many times did a community midwife visit you at home/speak to you on phone/video call after birth?

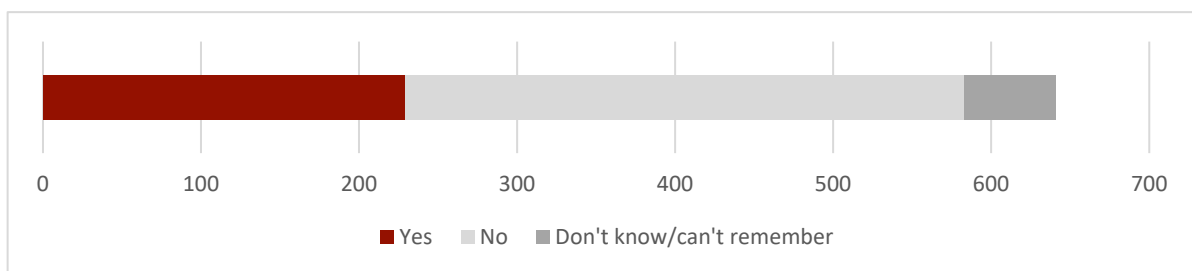


- 27% (171) responders said they were visited once
- 26% (168) responders said they were visited twice
- 22% (137) responders said they were visited three times
- 16% (100) responders said they were visited five or more times
- 9% (60) responders said they were visited four times

Question 60. F3. How many times did health visitors visit you at home/speak to you on phone/video call after birth?

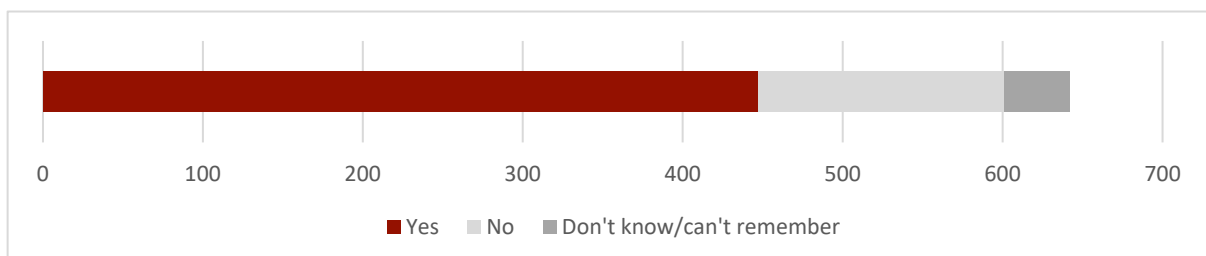
- 35% (224) responders said they were visited twice
- 26% (163) responders said they were visited five or more times
- 19% (118) responders said they were visited three times
- 16% (103) responders said they were visited once
- 4% (26) responders said they were visited four times

Question 61. F4. Did you see or speak to the same community midwife every time after birth?



- 55% (354) of respondents answered 'No'
- 36% (229) of respondents answered 'Yes'
- 9% (58) of respondents answered 'Don't know/Can't remember'

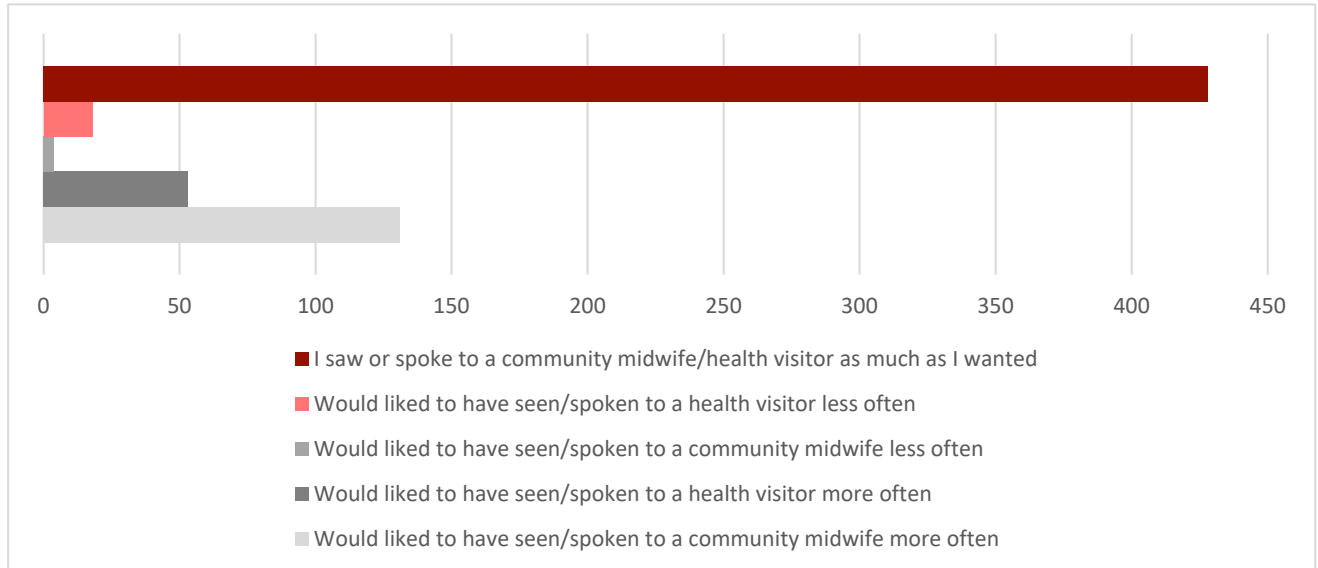
Question 62. F5. Did you see or speak to the same Health Visitor every time after birth?



- 70% (447) of respondents answered 'Yes'
- 24% (154) of respondents answered 'No'
- 6% (41) of respondents answered 'Don't know/Can't remember'



Question 63. F6. Would you have liked to have seen or spoken to a community Midwife/Health Visitor.....



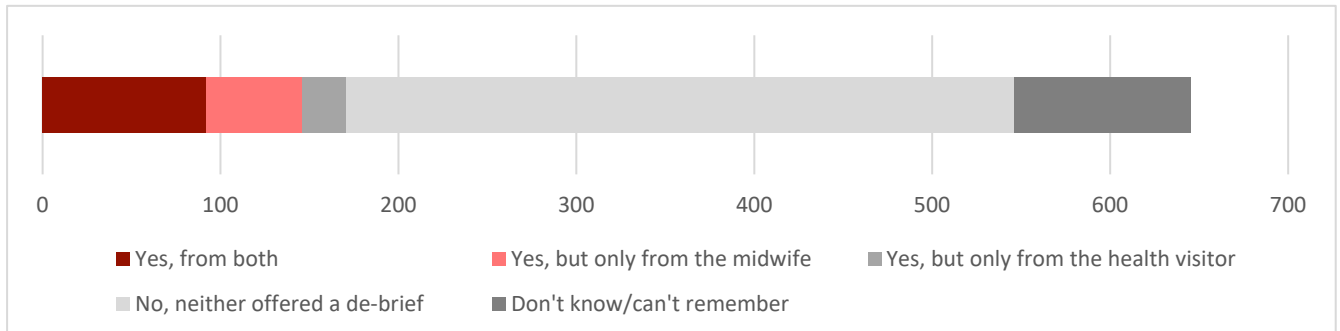
- 67% (428) responders said they saw or spoke to a community midwife/health visitor as much as I wanted
- 21% (131) responders said they would have liked to be seen/spoken to a community midwife more often
- 8% (53) responders said they would have liked to be seen/spoken to a health visitor more often
- 3% (18) responders said they would have liked to be seen/spoken to a health visitor less often
- 1% (4) responders said they would have liked to be seen/spoken to a community midwife less often

Question 64. F7. Did the community midwife/health visitor that you saw or spoke to appear to be aware of the medical history of you and your baby?

- 55% (353) responders said both the midwife and health visitor appeared to be aware of the medical history of themselves and their baby
- 14% (92) responders said that the midwife appeared to be aware of the medical history of themselves and their baby
- 12% (78) responders said they didn't know or couldn't remember
- 10% (62) responders said neither the midwife or the health visitor appeared to be aware of the medical history of themselves and their baby
- 9% (57) responders said the health visitor appeared to be aware of the medical history of themselves and their baby

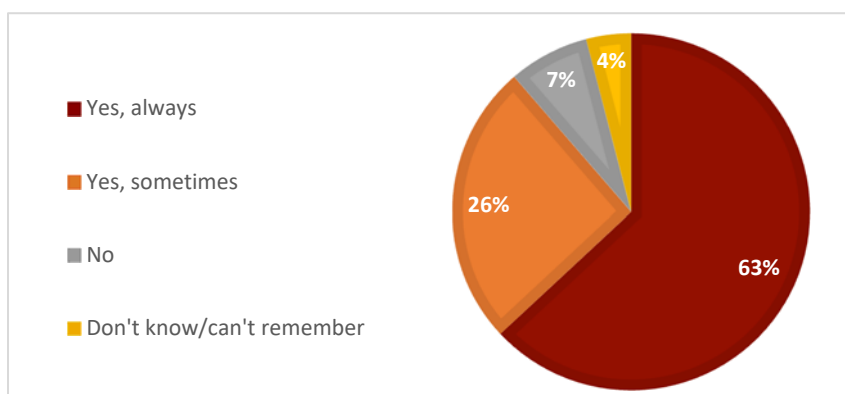


Question 65. F8. Were you offered a debrief about your labour from the community midwife/health visitor that you saw or spoke to about your labour?



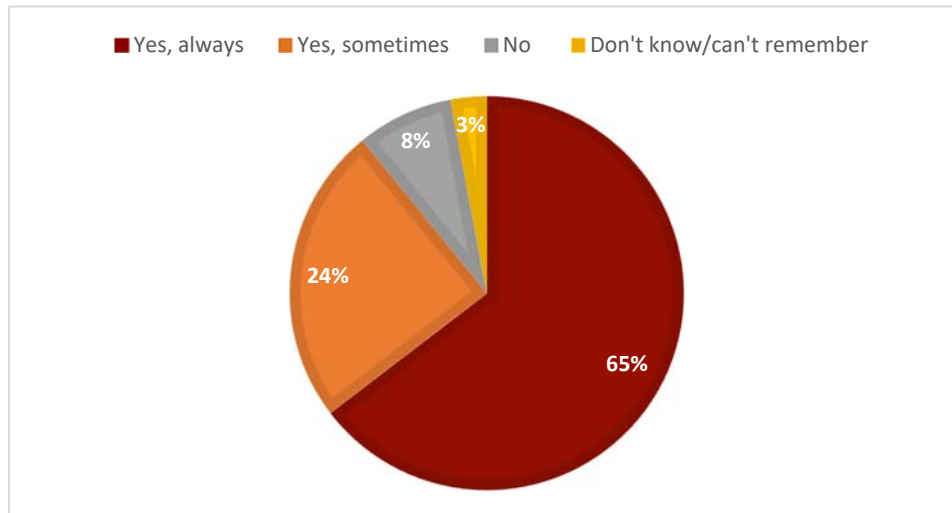
- 58% (375) respondents said they were not offered a debrief about their labour from the midwife or the health visitor
- 15% (99) respondents said they could not remember if they had a debrief about their labour
- 14% (92) respondents said they were offered a debrief about their labour from both the community midwife and the health visitor
- 9% (54) respondents said they were offered a debrief about their labour from their midwife
- 4% (25) respondents said they were offered a debrief about their labour from their health visitor

Question 66. F9. Did you feel that the midwife/midwives that you saw or spoke to after birth always listened to you?



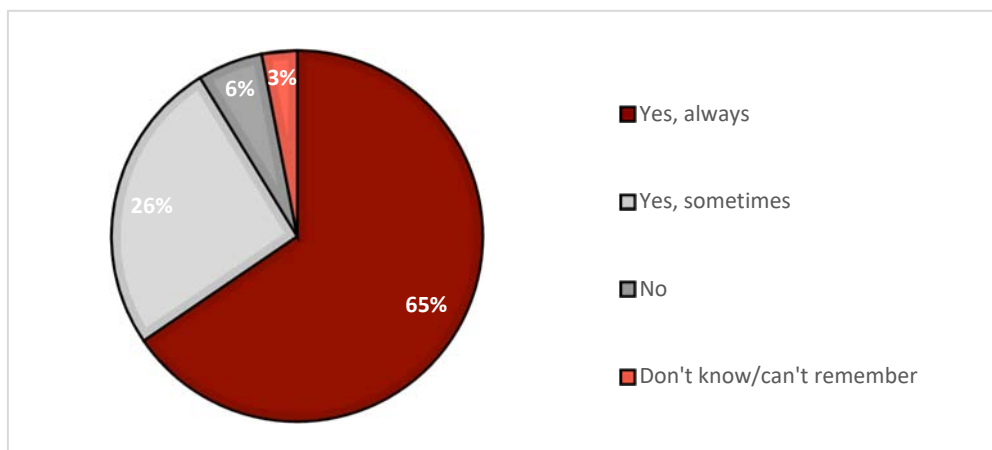
- 63% (406) respondents said that their midwife/midwives always listened to them
- 26% (165) respondents said that their midwife/midwives sometimes listened to them
- 7% (47) said that their midwife/midwives did not listen to them
- 4% (26) said that they could not remember

Question 67. F10. Did you feel that the health visitor/s that you saw or spoke to after birth always listened to you?



- 65% (416) respondents said that their health visitor **always** listened to them
- 24% (158) respondents said that their health visitor **sometimes** listened to them
- 8% (51) said that their health visitor did **not** listen to them
- 3% (19) said that they could not remember

Question 68. F11. Did you have confidence and trust in the midwife/midwives that you saw or spoke to after going home?



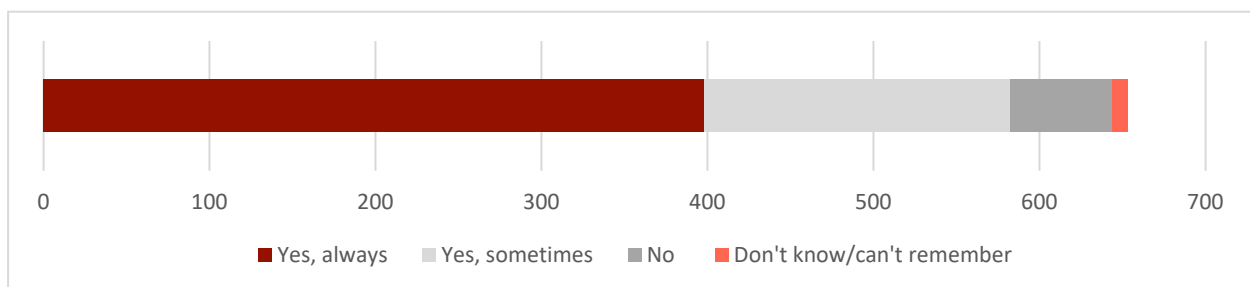
- 65% (427) respondents said they always had confidence and trust in the midwife/midwives that they saw or spoke to after going home
- 26% (168) respondents said they sometimes had confidence and trust in the midwife/midwives that they saw or spoke to after going home
- 6% (37) respondents said they did not have confidence and trust in the midwife/midwives that they saw or spoke to after going home
- 3% (20) respondents said they did not know or could not remember



If no, please explain why: **[OPEN QUESTION]**

- 10% (5) respondents said that they did not have trust in the midwife/midwives that they saw/spoke to after going home because they did not see a midwife after leaving hospital
- 12% (6) respondents said that they did not have trust in the midwife/midwives that they saw/spoke to after going home because they were not listened to by the midwife/midwives
- 39% (19) respondents said that they did not have trust in the midwife/midwives that they saw/spoke to after going home because they were upset by how they were treated by the midwives
- 24% (12) respondents said that they did not have trust in the midwife/midwives that they saw/spoke to after going home because they received conflicting advice from different midwives
- 8% (4) respondents said that they did not have trust in the midwife/midwives that they saw/spoke to after going home because they had a positive experience
- 6% (3) respondents gave other answers

Question 69. F11. Did you have confidence and trust in the health visitor/s that you saw or spoke to after going home?



- 61% (398) responders said they always had confidence and trust in the health visitor/s
- 28% (184) responders said they sometimes had confidence and trust in the health visitor/s
- 10% (62) responders said they did not have confidence and trust in the health visitor/s
- 1% (9) responders said they did not know or could not remember

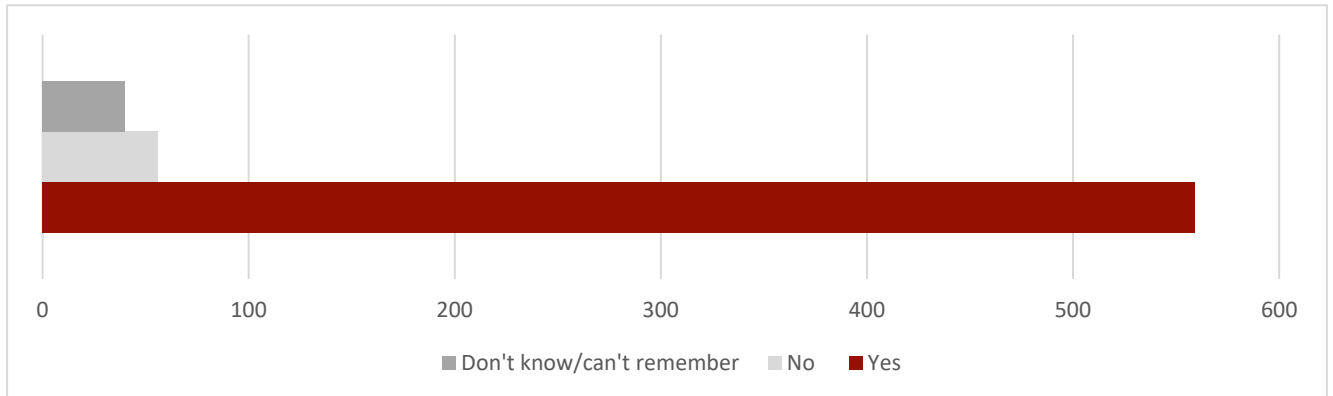
If no, please explain why: **[OPEN QUESTION]**

- 62% (33) respondents said that they did not have confidence in the health visitors that they saw/spoke to after going home because they were upset by how they were treated by the health visitor
- 15% (8) respondents said that they did not have confidence in the health visitors that they saw/spoke to after going home because they were not listened to by the health visitors
- 11% (6) respondents said that they did not have confidence in the health visitors that they saw/spoke to after going home because they received conflicting advice from different health visitors
- 8% (4) respondents gave other answers



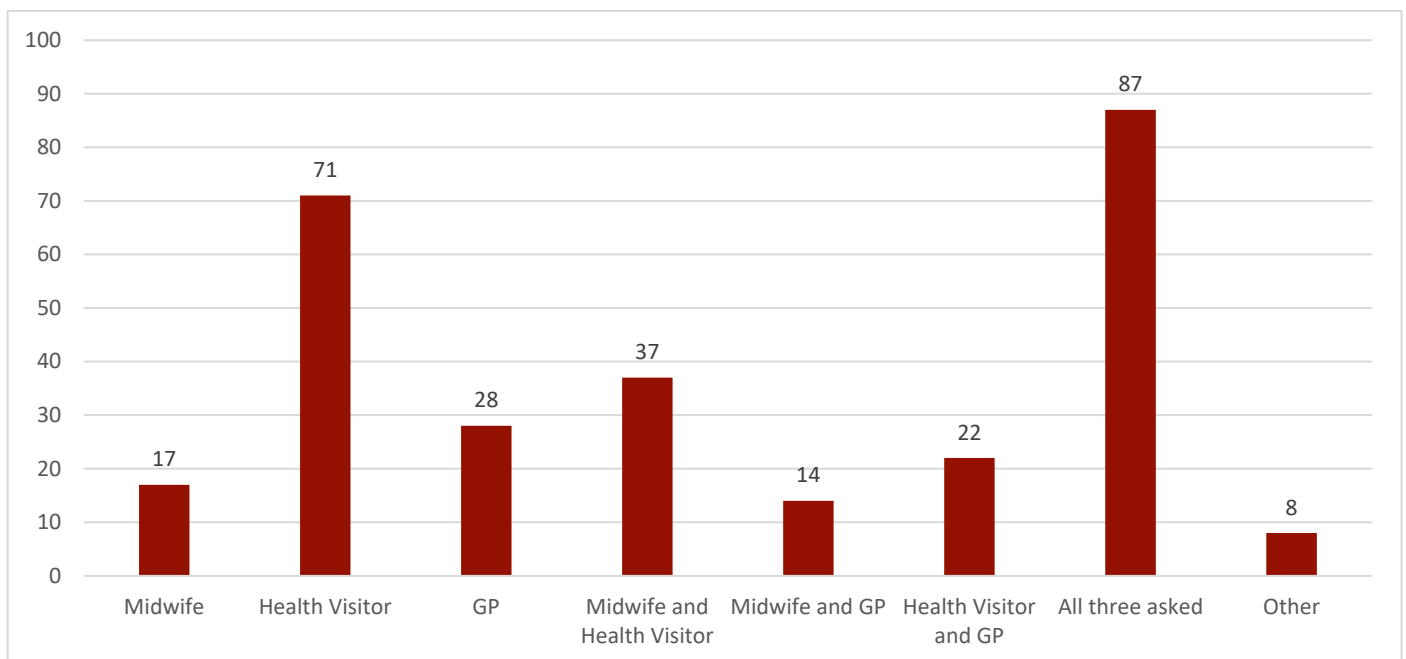
- 4% (2) respondents said that they did not have confidence in the health visitors that they saw/spoke to after going home because they did not see a health visitor after leaving hospital

Question 70. F12. Post birth, did a midwife, health visitor or GP ask you about your emotional well-being (i.e. how you were feeling and about your mood)?



- 85% (559) responders said they were asked about their emotional well-being
- 9% (56) responders said they were not asked about their emotional well-being
- 6% (40) responders said they did not know or could not remember

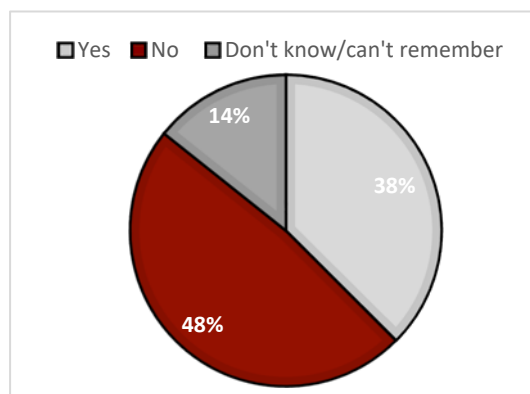
If yes, which health professional asked you? **[OPEN QUESTION]**



- 31% (87) respondents said that a midwife, health visitor and GP asked about their emotional wellbeing post birth

- 25% (71) respondents said that a health visitor asked them about their emotional wellbeing post birth
- 13% (37) respondents said that a midwife and health visitor asked them about their emotional wellbeing post birth
- 10% (28) respondents said that a GP asked them about their emotional wellbeing post birth
- 8% (22) respondents said that a health visitor and GP asked them about their emotional wellbeing post birth
- 6% (17) respondents said that a midwife asked them about their emotional wellbeing post birth
- 5% (14) respondents said that a midwife and GP asked them about their emotional wellbeing post birth
- 3% (8) respondents gave other answers

Question 71. F13. Post birth, did a midwife, health visitor or GP ask about the fathers/ your partners emotional well-being (i.e. how you were feeling and about your mood)?



- 48% (314) respondents said a midwife, health visitor or GP did not ask about the father/partners emotional well-being post birth
- 38% (244) respondents said a midwife, health visitor or GP asked about the father/partners emotional well-being post birth
- 14% (93) respondents said they did not know or could not remember

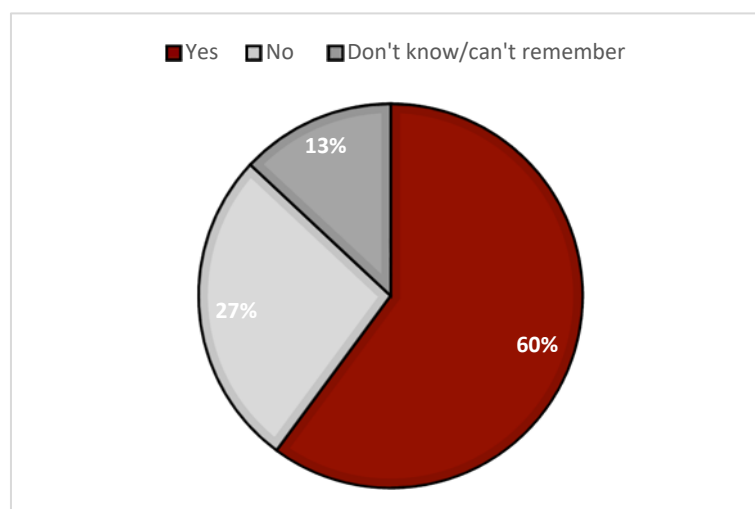
If yes, which health professional asked the father/your partner? **[OPEN QUESTION]**

- 49% (59) respondents said that a health visitor asked about the father/their partners' emotional wellbeing
- 15% (18) respondents said that a midwife, health visitor and GP asked about the father/their partners' emotional wellbeing
- 9% (11) respondents said that a midwife and health visitor asked about the father/their partners' emotional wellbeing
- 8% (10) respondents said that a midwife asked about the father/their partners' emotional wellbeing
- 8% (10) respondents said that a GP asked about the father/their partners' emotional wellbeing
- 3% (4) respondents gave other answers



- 2% (3) respondents said that a midwife and GP asked about the father/their partners' emotional wellbeing
- 2% (3) respondents said that a health visitor and GP asked about the father/their partners' emotional wellbeing
- 2% (3) respondents said that the father/their partner was not asked about their emotional wellbeing

Question 72. F14. Were you given information about any changes you might experience to your mood/feelings/thoughts after having a baby?



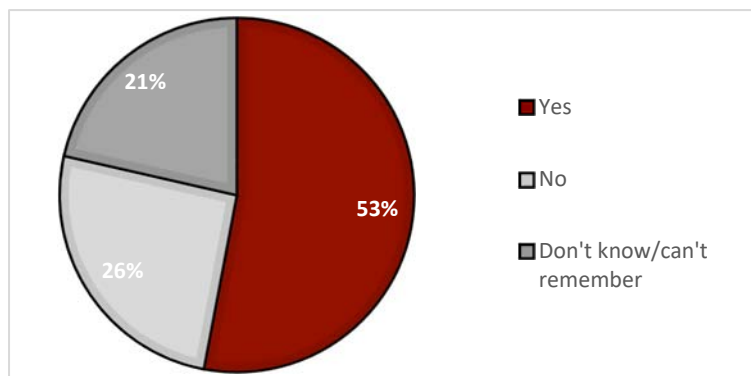
- 60% (392) respondents said they were given information about any changes they might have experienced to their mood/feelings/thoughts after having their baby
- 27% (175) respondents said they were not given information about any changes they might have experienced to their mood/feelings/thoughts after having their baby
- 13% (85) respondents said they did not know or could not remember

If yes, who provided you with this information? **[OPEN QUESTION]**

- 36% (59) respondents said that a health visitor gave them information about changes in mood/feelings/thoughts that might occur after having a baby
- 17% (29) respondents said that a midwife gave them information about changes in mood/feelings/thoughts that might occur after having a baby
- 15% (25) respondents said that a midwife and a health visitor gave them information about changes in mood/feelings/thoughts that might occur after having a baby
- 7% (11) respondents gave other answers
- 6% (10) respondents said that they were given a leaflet with information about changes in mood/feelings/thoughts that might occur after having a baby
- 6% (10) respondents said that a midwife, a health visitor and a GP gave them information about changes in mood/feelings/thoughts that might occur after having a baby

- 4% (6) respondents said that a GP gave them information about changes in mood/feelings/thoughts that might occur after having a baby
- 4% (6) respondents said that they were information about changes in mood/feelings/thoughts that might occur after having a baby on an antenatal course
- 4% (6) respondents said that they were given information about changes in mood/feelings/thoughts that might occur after having a baby on a Baby Steps Course
- 2% (3) respondents said that a midwife and a GP gave them information about changes in mood/feelings/thoughts that might occur after having a baby
- 1% (1) respondent said that a health visitor and a GP gave them information about changes in mood/feelings/thoughts that might occur after having a baby

Question 73. F15. Were you told who you could contact if you needed advice about any changes you might experience to your mood/thoughts?



- 53% (346) respondents said they were told who they could contact if they needed advice about any changes they might have experienced to their mood/thoughts
- 26% (167) respondents said they were not told who they could contact if they needed advice about any changes they might have experienced to their mood/thoughts
- 21% (140) respondents said they did not know or could not remember

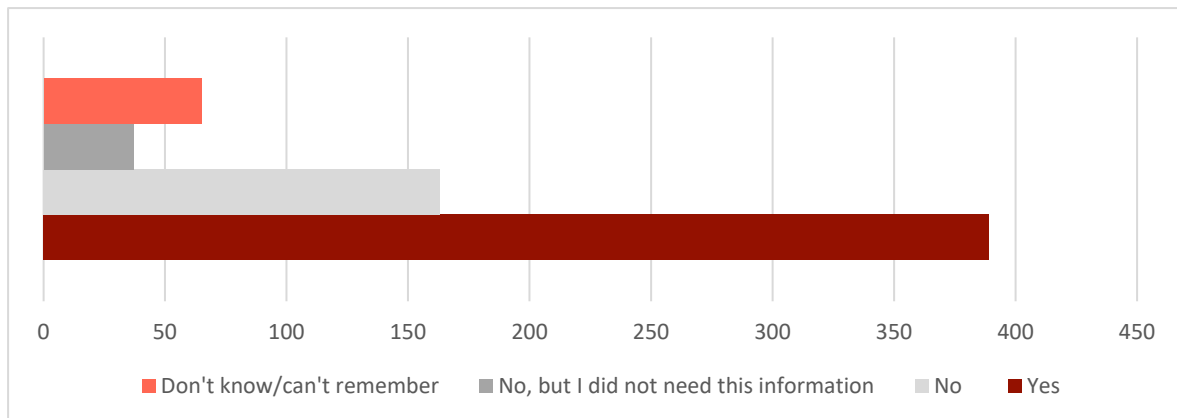
If yes, who were you told to contact? **[OPEN QUESTION]**

- 21% (25) respondents said they were told to contact a health visitor if they needed advice about changes in mood/thoughts
- 19% (22) respondents said they were told to contact a GP if they needed advice about changes in mood/thoughts
- 18% (21) respondents said they were told to contact a GP and health visitor if they needed advice about changes in mood/thoughts
- 14% (17) respondents said they were told to contact someone if they needed advice about changes in mood/thoughts via leaflets
- 9% (11) respondents gave other answers
- 7% (8) respondents said they were told to contact a midwife and GP if they needed advice about changes in mood/thoughts
- 3% (4) respondents said they were told to contact a midwife if they needed advice about changes in mood/thoughts



- 3% (3) respondents said they were told to contact a midwife and health visitor if they needed advice about changes in mood/thoughts
- 3% (4) respondents said they were told to contact talking therapies if they needed advice about changes in mood/thoughts
- 2% (2) respondents said they were told to contact a mental health nurse if they needed advice about changes in mood/thoughts
- 1% (1) respondent said they were told to contact a midwife, health visitor and GP if they needed advice about changes in mood/thoughts

Question 74. F16. Were you given information about your own physical recovery after the birth?



- 59% (389) responders said they were given information about their own physical recovery after birth
- 25% (163) responders said they were not given information about their own physical recovery after birth
- 10% (65) responders said they did not know or could not remember
- 6% (37) responders said they were not given information about their own physical recovery after birth but, did not need the information

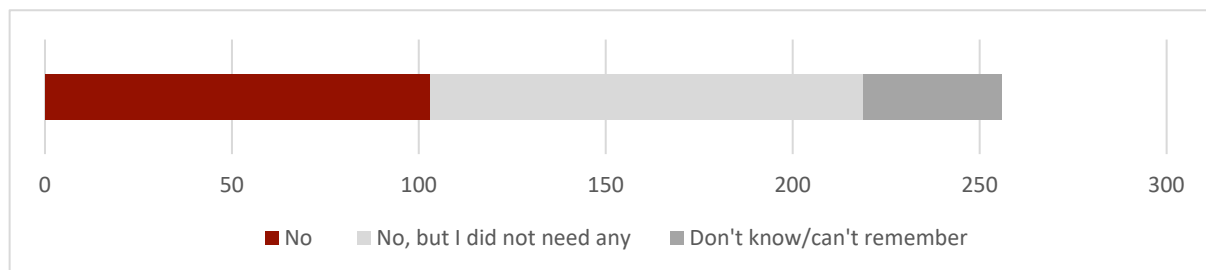
If yes, who provided this information? **[OPEN QUESTION]**

- 37% (62) respondents said that a midwife gave them information about their physical recovery after the birth
- 14% (23) respondents said that a health visitor gave them information about their physical recovery after the birth
- 13% (22) respondents said that a midwife and a health visitor gave them information about their physical recovery after the birth
- 12% (20) respondents gave other answers
- 8% (14) respondents said that they were given information about their physical recovery after the birth via leaflets
- 5% (8) respondents said that a midwife and a GP gave them information about their physical recovery after the birth



- 5% (8) respondents said that a midwife, a GP and a health visitor gave them information about their physical recovery after the birth
- 4% (7) respondents said that a GP gave them information about their physical recovery after the birth
- 2% (3) respondents said that a GP and a health visitor gave them information about their physical recovery after the birth

Question 75. F17. In the six weeks after the birth of your baby did you receive help and advice from a midwife or health visitor about feeding your baby?



- 61% (398) responders said they did receive help and advice from a midwife or health visitor about feeding their baby in the six weeks after their birth
- 16% (103) responders said they did not receive help and advice from a midwife or health visitor about feeding their baby in the six weeks after their birth
- 18% (116) responders said they did not receive help and advice from a midwife or health visitor about feeding their baby in the six weeks after their birth but, did not need any
- 5% (37) responders said they did not know or could not remember

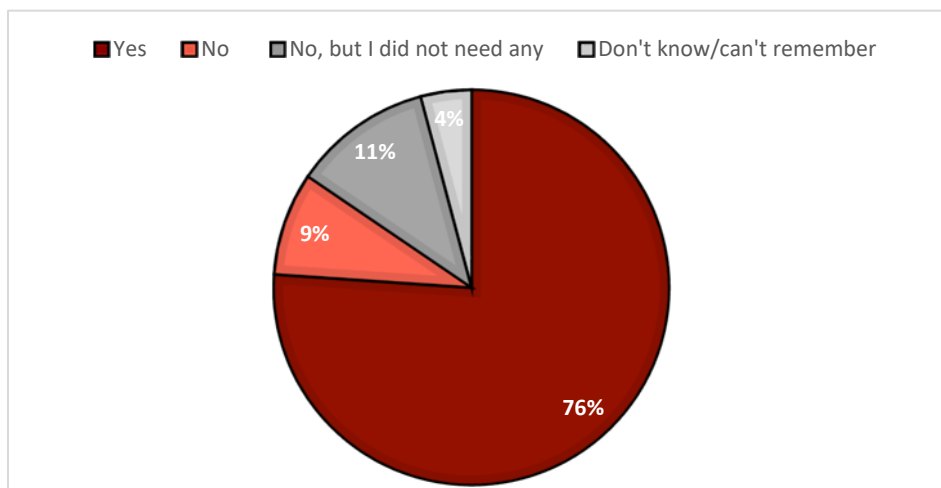
If yes, who provided the help/advice? **[OPEN QUESTION]**

- 33% (76) respondents said that a midwife and a health visitor gave them help and advice about feeding their baby in the six weeks after the birth
- 29% (67) respondents said that a health visitor gave them help and advice about feeding their baby in the six weeks after the birth
- 24% (56) respondents said that a midwife gave them help and advice about feeding their baby in the six weeks after the birth
- 6% (13) respondents gave other answers
- 3% (6) respondents said that other healthcare professionals gave them help and advice about feeding their baby in the six weeks after the birth
- 2% (4) respondents said that the Special Care Baby Unit gave them help and advice about feeding their baby in the six weeks after the birth
- 1% (2) respondents said that a midwife and a GP gave them help and advice about feeding their baby in the six weeks after the birth
- 1% (3) respondents said that a health visitor and a GP gave them help and advice about feeding their baby in the six weeks after the birth
- 1% (2) respondents said that breastfeeding buddies gave them help and advice about feeding their baby in the six weeks after the birth



- 0.5% (1) respondent said that a midwife, a health visitor and a GP gave them help and advice about feeding their baby in the six weeks after the birth
- 0.5% (1) respondent said that a GP gave them help and advice about feeding their baby in the six weeks after the birth

Question 76. F18. In the six weeks after the birth of your baby did you receive help and advice from health professionals about your baby's health and progress?



- 76% (496) respondents said they did receive help and advice from health professionals about their baby's health and progress in the six weeks after the birth
- 11% (74) respondents said that because they did not need it, they did not receive help and advice from health professionals about their baby's health and progress in the six weeks after the birth
- 9% (55) respondents said they did not receive help and advice from health professionals about their baby's health and progress in the six weeks after the birth
- 4% (27) respondents said they did not know or could not remember

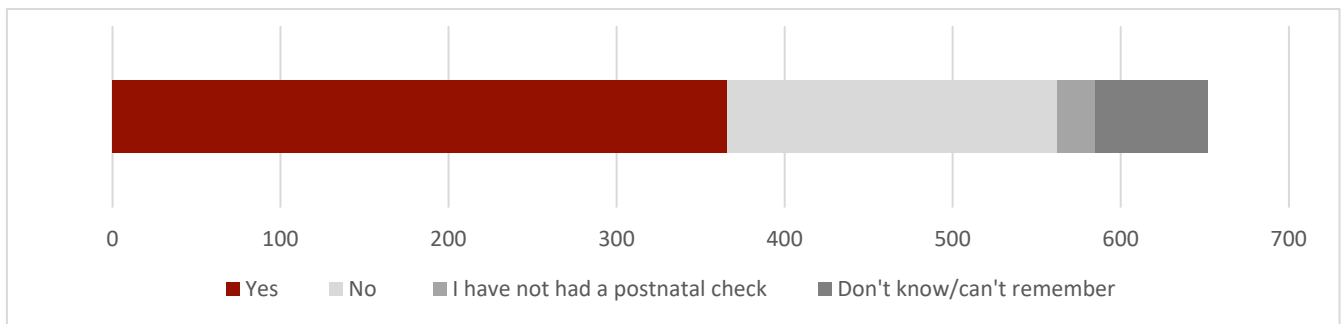
If yes, who provided the help and advice? **[OPEN QUESTION]**

- 36% (96) respondents said that a health visitor provided them with help and advice about their baby's health and progress after the birth
- 16% (42) respondents said that a midwife and a health visitor provided them with help and advice about their baby's health and progress after the birth
- 12% (32) respondents said that a midwife provided them with help and advice about their baby's health and progress after the birth
- 10% (26) respondents said that a midwife, a health visitor and a GP provided them with help and advice about their baby's health and progress after the birth
- 8% (21) respondents said that a health visitor and a GP provided them with help and advice about their baby's health and progress after the birth
- 7% (18) respondents said that a GP provided them with help and advice about their baby's health and progress after the birth



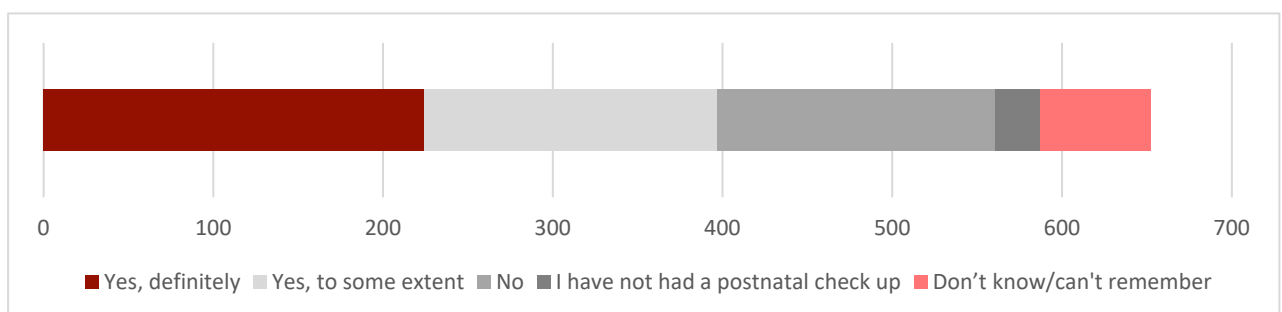
- 5% (13) respondents gave other answers
- 4% (11) respondents said that other health care professionals provided them with help and advice about their baby’s health and progress after the birth
- 2% (5) respondents said that the Special Care Baby Unit provided them with help and advice about their baby’s health and progress after the birth
- 1% (3) respondents said that Pathways Samares School provided them with help and advice about their baby’s health and progress after the birth
- 0.5% (1) respondent said that a midwife and a GP provided them with help and advice about their baby’s health and progress after the birth

Question 77. F19. At the postnatal check-up (around 6 weeks after the birth), did the GP spend enough time talking to you about your own physical health?



- 56% (366) responders said that the GP did spend enough time talking to them about their own physical health
- 30% (196) responders said the GP did not spend enough time talking to them about their own physical health
- 10% (67) responders said they did not know or couldn’t remember if their GP spent enough time talking to them about their own physical health
- 4% (23) responders said they had not had a postnatal check up

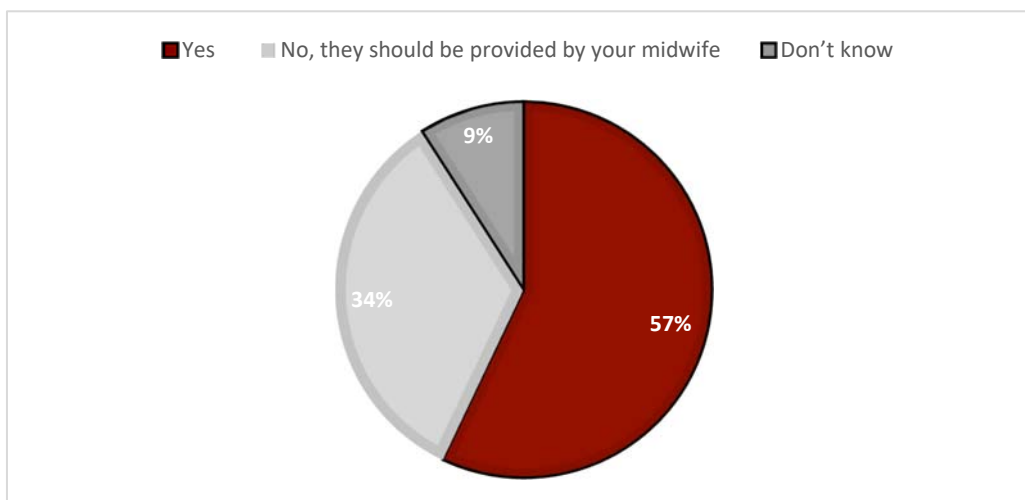
Question 78. F20. At the postnatal check-up, did the GP spend enough time talking to you about your own emotional well-being (i.e. how you were feeling and about your mood)?



- 34% (224) responders said that the GP definitely did spend enough time talking to them about their own emotional health

- 27% (173) responders said that the GP did to some extent spend enough time talking to them about their own emotional health
- 25% (164) responders said the GP did not spend enough time talking to them about their own emotional health
- 10% (65) responders said they did not know or couldn't remember if their GP spent enough time talking to them about their emotional health
- 4% (26) responders said they had not had a postnatal check up

Question 79. F21. Are you content that 6-week check-ups are provided by your GP?



- 57% (372) respondents said they were content that 6-week check-ups are provided by their GP
- 34% (221) respondents said they were not content that 6-week check-ups are provided by their GP and that they should be provided by a midwife
- 9% (59) respondents said they didn't know if they are content that 6-week check-ups are provided by their GP

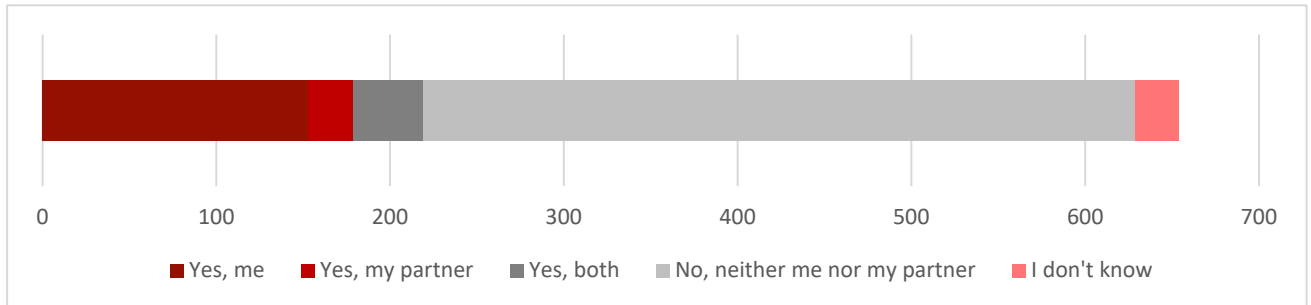
Question 80. F22. If you gave birth after the summer of 2019, were you made aware of the following website ([click here](#)) where you can access information about maternity services in Jersey?

- 60% (236) respondents said they did not know about the website
- 24% (97) respondents said they didn't know
- 16% (63) respondents said they did know about the website



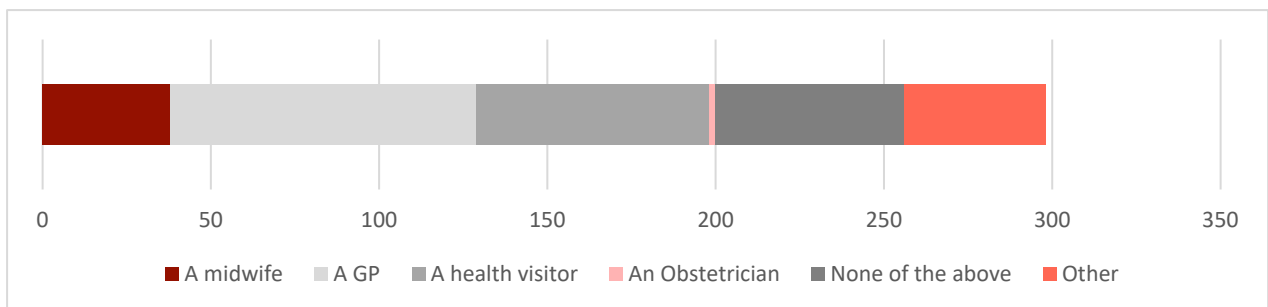
Section Twelve: Mental Health (38% provided responses):

Question 81. G1. Did you or your partner have any mental health issues during or after pregnancy?



- 63% (410) respondents said neither themselves nor their partner had mental health issues during or after pregnancy
- 23% (153) respondents said they had mental health issues during or after pregnancy
- 6% (40) respondents said both themselves and their partner had mental health issues during or after pregnancy
- 4% (26) respondents said their partners had mental health issues during or after pregnancy
- 4% (25) respondents said they didn't know

Question 82. G2. If you were given support for your mental health during or after your pregnancy, which of these health professionals provided that support? [please tick all that apply]



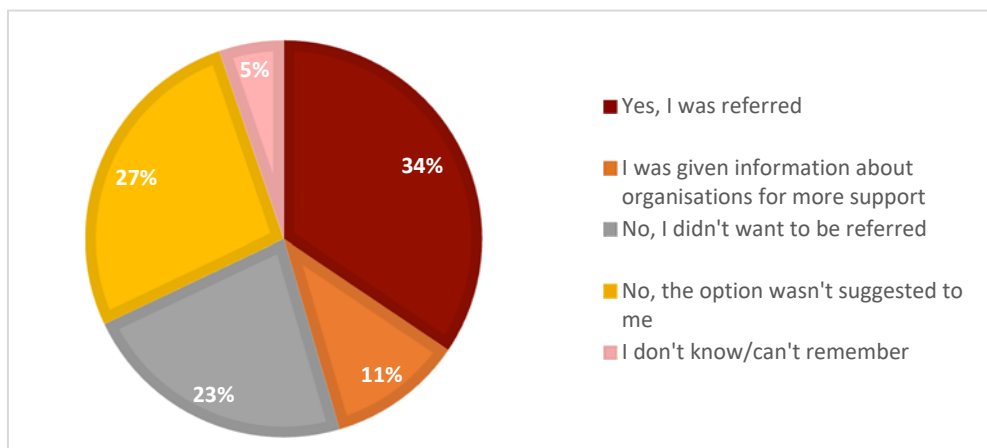
- 13% (38) respondents said they would want support from a midwife for their mental health
- 31% (92) respondents said they would want support from a GP for their mental health
- 22% (69) respondents said they would want support from a health visitor for their mental health
- 19% (56) respondents said none of the above
- 14% (42) respondents said other
- 1% (2) respondents said they would want support from an obstetrician for their mental health



Other (please specify): **[OPEN QUESTION]**

- 40% (16) respondents said that Adult Mental Health gave them support for their mental health during and/or after their pregnancy
- 15% (6) respondents said that a therapist gave them support for their mental health during and/or after their pregnancy
- 13% (5) respondents gave other answers
- 10% (4) respondents said that they did not seek support for their mental health during and/or after their pregnancy
- 8% (3) respondents said that a counsellor gave them support for their mental health during and/or after their pregnancy
- 5% (2) respondents said that Pregnancy in Mind gave them support for their mental health during and/or after their pregnancy
- 3% (1) respondent said that a health visitor gave them support for their mental health during and/or after their pregnancy
- 3% (1) respondent said that the Baby Steps Programme gave them support for their mental health during and/or after their pregnancy
- 3% (1) respondent said that the Yes Project gave them support for their mental health during and/or after their pregnancy
- 3% (1) respondent said that the perinatal health team gave them support for their mental health during and/or after their pregnancy

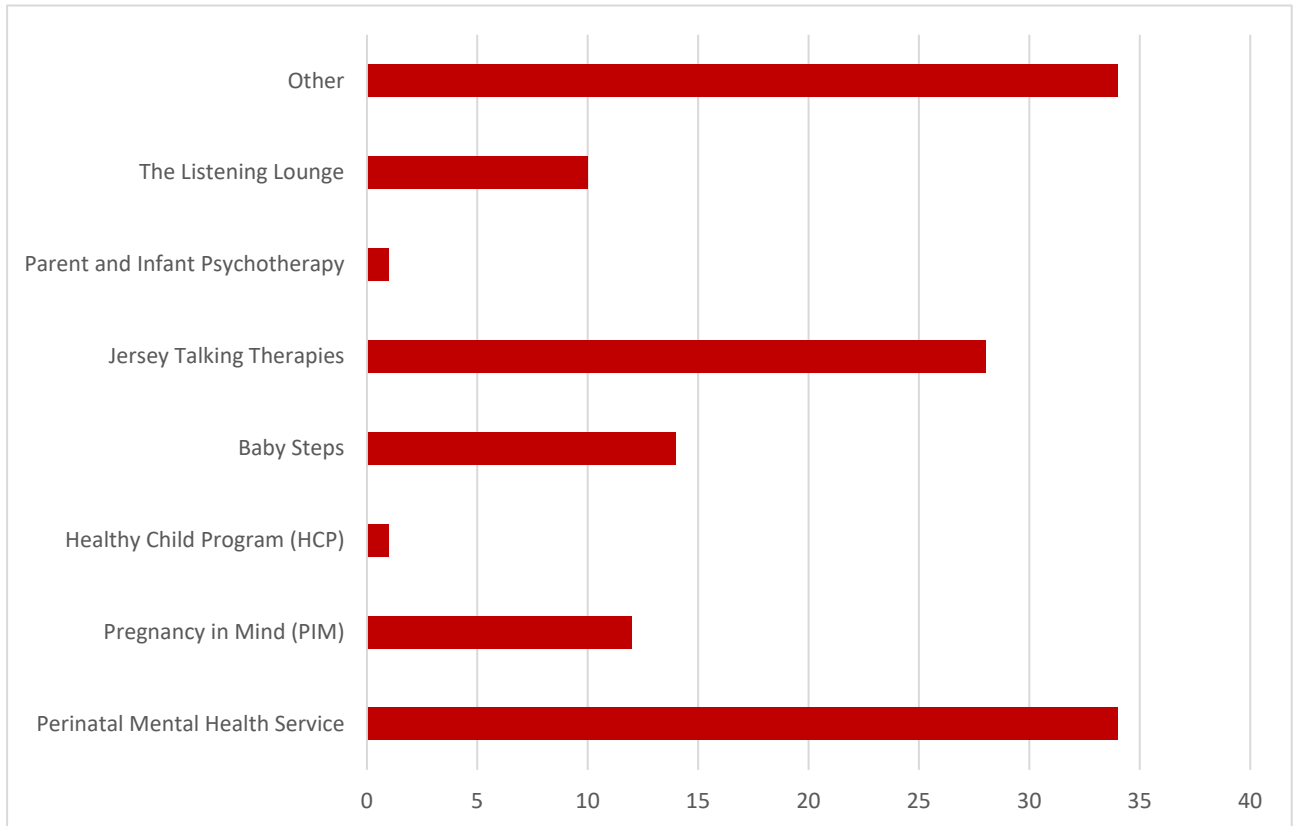
Question 83. G3. Were you referred to a support service?



- 34% (72) responders said they were referred to a support service
- 23% (47) responders said they did not want to be referred
- 23% (56) responders said that the option was not suggested to them
- 11% (23) responders said they were given information about organisations for more support
- 5% (11) responders said they did not know or couldn't remember



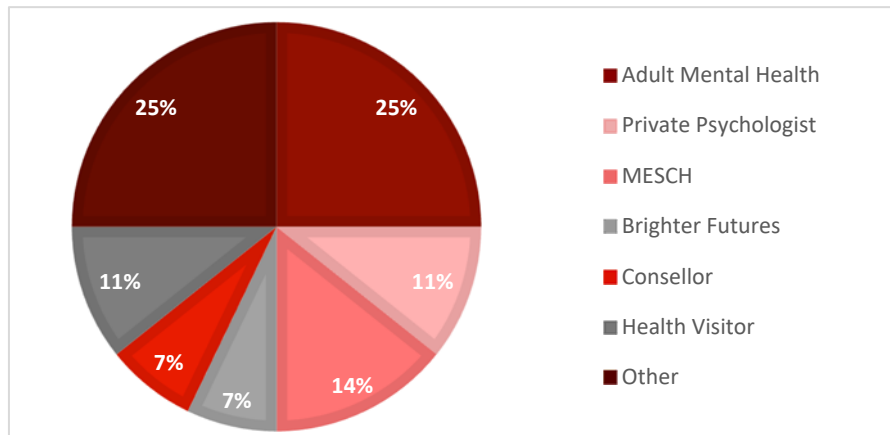
Question 84. G4. Which services were you referred to? [please tick all that apply]



- 25% (34) respondents said they were referred to Perinatal Mental Health Services
- 25% (34) respondents said they were referred to another service
- 21% (28) respondents said they were referred to Jersey Talking Therapies
- 10% (14) respondents said they were referred to Baby Steps
- 9% (12) respondents said they were referred to Pregnancy in Mind (PIM)
- 8% (10) respondents said they were referred to the Listening Lounge
- 1% (1) respondents said they were referred to Healthy Child Program (HCP)
- 1% (1) respondents said they were referred to Parent and Infant Psychotherapy

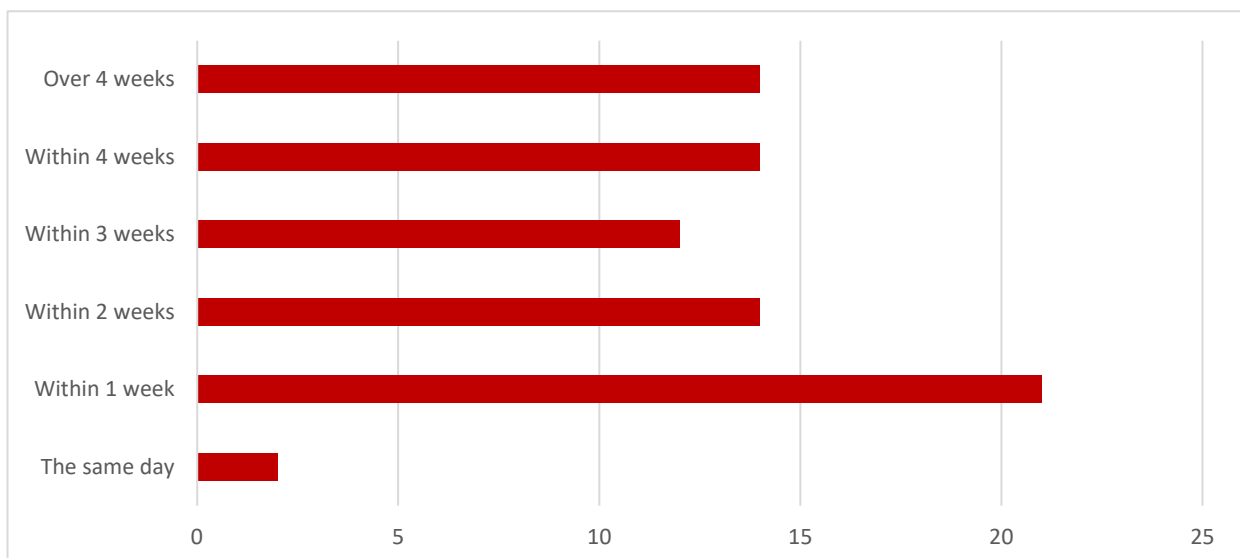


Other (please specify): [OPEN QUESTION]



- 25% (7) respondents said that they were referred to Adult Mental Health
- 25% (7) respondents gave other answers
- 14% (4) respondents said that they were referred to MESCH
- 11% (3) respondents said that they were referred to a private psychologist
- 11% (3) respondents said that they were referred to a health visitor
- 7% (2) respondents said that they were referred to Brighter Futures
- 7% (2) respondents said that they were referred to a counsellor

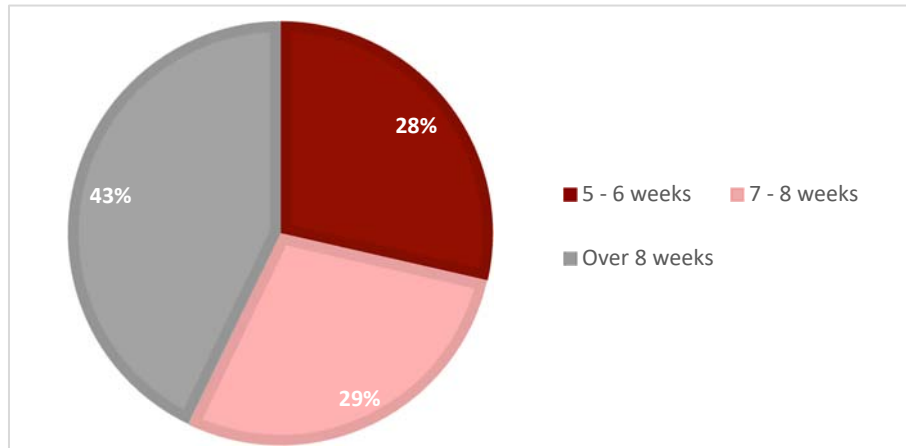
Question 85. G5. How long did it take after referral to be seen?



- 3% (2) respondents said it was the same day as referral to be seen
- 27% (21) respondents said it was within one week of referral to be seen
- 18% (14) respondents said it was within two weeks of referral to be seen
- 16% (12) respondents said it was within three weeks of referral to be seen
- 18% (14) respondents said it was within four weeks of referral to be seen



19% (15) said it was over four weeks of referral to be seen (please specify how long): [OPEN QUESTION]



- 28% (2) respondents said it was between five and six weeks of referral to be seen
- 29% (2) respondents said it was between seven and eight weeks of referral to be seen
- 43% (3) respondents said it was over eight weeks of referral to be seen